# PIEDMONT

A COMMUNITY NEWSPAPER SERVING THE CITIZENS OF PIEDMONT

### Piedmont election campaigns begin for City Council, School Board

By Allyson Aleksey

The nomination period for the two vacancies on Piedmont City Council and three vacancies on the School Board opened on July 13. Elections for both bodies will occur in the General Election on November 3. The deadline for filing papers for candidacy is this Friday, August 7 at 5 p.m. in City Hall.

There are two openings on city council, with incumbent Jennifer Cavenaugh running for a second four-year term. As of press time, four candidates qualified as candidates for city council: Cavenaugh, Connie Herrick, Conna McCarthy and Nancy "Sunny" Bostrom.

Mayor Bob McBain will term out after serving on the city council for more than eight years.

The school board has three openings. Incumbent Cory Smegal has filed for a second four-year term.

Six residents have qualified as candidates: Smegal, Hari Titan, who has twice been a candidate, Veronica Anderson, Hilary Cooper, Sunny Bostrom and James Crawford-Jakubiak.

The filing deadline for school board and city council candidates is 5 pm, Friday, August 7 at Piedmont City Hall, 120 Vista

Full profiles of candidates will begin to be published in the Post starting on August 19.

See brief bios of candidates on page 10

### **History of the Piedmont Pool**

By Allyson Aleksey

Part 2 of a series

The existing Piedmont Community Pool opened in 1964 and was operated by the private-notfor-profit Piedmont Swim Club until 2011. At that time, the city assumed responsibility for the operation of the facility and renamed it the Piedmont Community Pool.

Between 1964 and 2011, it was used by residents recreationally, as well as the Piedmont Recreation Department for classes. It was also used by the year-round Piedmont Swim Team, and by Piedmont High School's boys' and girls' water polo teams in the fall, and by its swim teams in the spring. The high school teams were officially included in the swim club's lease with the city in

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On July 12, 2010 the pool was red-tagged by the Alameda County Health Department when an inspector noted that the pool did not meet the county's code requirement for drain flow due to insufficient pipe connections.

At the time the swim club said it believed it had met the requirements of the Baker Act when it installed new drains in November 2008. The Virginia Graeme Baker Pool and Safety Act was designed to protect swimmers from drain suction injuries.

It cost the club \$12,000 to do the repairs mandated by the county and resulted in the pool being closed for several weeks at the height of its revenue-producing season. In August it reopened.

One year later, June 30, 2011, the club's lease with the city expired and was not renewed by the city council.

"Negotiations for renewal of the lease are at a critical point," wrote Tim Rood to members of the Piedmont Swim Club in 2010. Now a member of the City Council, he then was president of the swim club. "The City Council will be discussing the lease in closed session at its December 6, 2010 meeting. The principal obstacle to a new lease is the issue of rent."

The swim club paid \$38,000 per year in rent from 1993 to 2008, but insisted its membership had declined and it could no longer afford to pay rent. Despite support for a lease renewal from the school district and year-round independent Piedmont Swim Team, the city council chose to not renew the \$1 lease with the club and took over full operations and opera-

See Piedmont Pool on page 30



Witter Field has been closed until further notice by Piedmont School District due to repeated issues of noncompliance of County Public Health orders by field users.

### Witter Field closes again; 2nd open space to close in 7 days

The Piedmont Unified School District announced the closure of Witter Field effective 6:00 a.m. on Monday, August 3. The closure includes the main football-soccer-lacrosse field, the baseball and softball fields and their batting cages, and the field

The closure resulted from "persistent lack of compliance with the Alameda County Public Health Department's Shelter in Place orders" according to Supt. Randy Booker. Despite repeated warnings, field users have continued to play group sports in violation of COVID-19 health orders.

Similar complaints led the City to close the Linda Beach Playfield last week.

In a press release, Booker wrote, "The District regrets having to take this action and the inconvenience this may cause the community. Continued lack of compliance of physical distancing and large groups gathering on both City and District fields poses a serious public health risk, necessitating these closures."

Many calls to the police were made recently and throughout the pandemic about safety violations at the field, particularly for soccer players using shared equipment in large groups and playing without masks.

The school district said it will work with the City to determine when it is safe and appropriate to reopen Witter Field. For more information, contact Pete Palmer, Director of Facilities, at ppalmer@piedmont.k12.ca.us.

### City Council to update Bike/Walk Master Plan

### In 3-2 vote, Council agrees to pay firm up to \$108,000 to update 2014 plan

By Barry Eitel

At a meeting on Monday, July 20, City Council approved an agreement to update Piedmont's bicycle and pedestrian master

The contract was awarded to urban planning firm Eisen Letunic, the company behind Piedmont's original Pedestrian Bicycle Master Plan (PBMP) that was adopted in 2014. The proposed base fee for the plan is \$98,300, and Council approved a 10 percent cost contingency, capping the total cost at \$108,130.

Alameda County requires jurisdictions to update their pedestrian and bicycle master plans every five years, although the City said that county officials have remained flexible on this timeline, especially with the ongoing coronavirus pandemic.

Last year the City staff began developing the preliminary scope and work plan for the updated PBMP with the assistance of Eisen Letunic. The goal

sections of the 2014 plan as well as encompass a wider traffic walking or biking. As a result, the safety strategy that also includes vehicles.

"The new plan would be a focused, strategic update that revisits and revises the key sections of the original PBMP, in particular the recommended improvements," the City's Planning Department wrote in a report. "A significant difference is that the new plan will incorporate a broad traffic-safety component, to address the community's

of the new plan is to revisit key concerns about traffic safety in general, not just those related to updated plan will formulate rec ommendations both general and location-specific ones to improve the traffic safety of pedestrians, cyclists and drivers.'

> City Administrator Sara Lillevand said that conversations about the safety of pedestrians, bicyclists and motorists amongst Piedmont officials always seemed to intersect so strongly that the City thought it would make sense

See Bike/Walk Plan on page 30

### The Post is on vacation next week

Next week the staff of the Piedmont Post will observe its annual mid-year ritual, a one-week summer vacation. There will be no paper on August 12. All subscribers will receive delivery of the Post the following week, Wednesday, August 19.

Subscribers may also receive the Post online by typing in: piedmontpost.org.

### **PINION**

### Letters to the Editor



### New Reach codes designed to be flexible

Editor:

In a July 29 letter to the editor, Fran Wolfe expressed concern that the new Reach codes would force homeowners carrying out any sort of repair to their homes to upgrade their furnaces, water systems, and electrical systems.

With respect, these concerns are unfounded, given the actual proposed text of the code.

While a goal of Piedmont's Climate Action Plan 2.0 is that by 2050 most Piedmont homes will no longer be using natural gas, the idea is not to require homeowners to do this all at once, or that any type of home repair will trigger the Reach codes. The codes only apply when homeowners initiate requests for building permits for a very specific set of remodel projects.

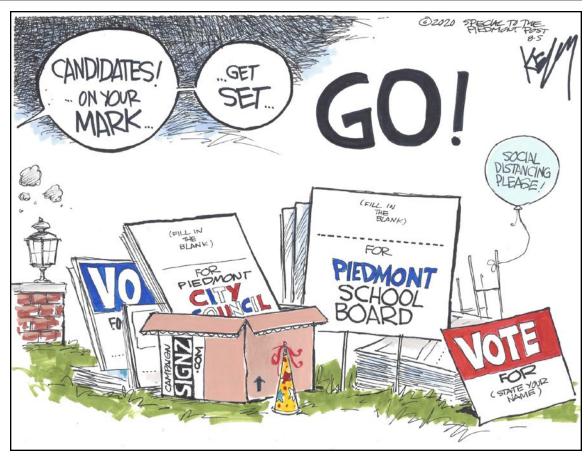
The codes offer a flexible "menu" of options for homeowners to select from, depending on their own preferences and the conditions of their home. The codes are not so burdensome as to force residents to leave their homes or to dramatically update their systems as Ms. Wolfe fears. In terms of renovations to older homes, the proposed Reach codes apply only in these cases:

If adding an entire new upper level to a home or expanding its total roof area by 30% or more, solar panels must be installed, if the solar exposure of the home is adequate. This does not apply to roof repairs or roof replacement. Solar adds to the renewable electricity supply and pays off in a relatively short time.

 For other major remodel projects (over \$25,000), a homeowner would choose one item from a list of seven different energy efficiency or electrification options, and for projects over \$100,000, a homeowner would choose two items. Many of these options are very affordable, such as improving home insulation, and homeowners can choose the options that work best for their particular situation.

The Reach codes are a small first-step towards making Piedmont's aging housing stock more climate friendly. They were very carefully vetted by local contractors, homeowners, experts on the mandates of the California Public Utility Commission, and East Bay Community Energy. Piedmont's housing stock creates almost half of the city's greenhouse gas emissions, and we applaud these measures to help reduce these emissions.

> -Margaret Ovenden, Marj Blackwell, Garrett Keating, and Indira Balkissoon



## Religion Corner

### Choosing the path of peace

By Pastor Jim Hopkins

On Thursday evening, May 16, our church in its Barnett Hall hosted the 23rd Oakland Ceasefire Call-in. At these events, young men who have been identified by law enforcement as potential participants in acts of gun violence are invited to sit at the table with clergy, police, health professionals, and other community leaders and receive both an invitation and a warning.

The invitation is to put down their guns and come back into the community. They are offered mentoring, job training, recovery programs and educational opportunities. The warning is that if they choose to reject the services offered and continue on the path they are on, they are at risk of either arrest or great personal

Since the call-ins began in 2012, almost 350 young men, all affiliated with gangs, cliques, and other groups known to engage in gun violence, have come to the table. After the meetings, less than 20% of them have had subsequent interactions with law enforcement. Underlying all that the participants heard on Thursday evening were the words of one of the service providers: "Young brothers, you were not put on this earth to die young."

In April, the Giffords Law Center published a report titled, "A Case Study in Hope: Lessons From Oakland's Remarkable Reduction in Gun Violence." Authored by Mike McLively, a Senior Attorney at the Giffords Center, the report detailed the ways in which Oakland's implementation of the Ceasefire philosophy led to a 50% reduction in its rate of homicides. Its 2018 total was the lowest in two decades.

Researcher Anthony Braga noted that there were also significant decreases in non-fatal shootings, from 566 in in 2012 to 277 in 2018, and that other forms of gun violence, the use of firearms in robberies for example, were down by 70% since 2013. There are five key components to violence prevention strategies like Ceasefire:

1. Analysis of violence and trends. Research showed that there were only 400 individuals at high risk of engaging in gun violence at any given time.

2 Respectful, in-person communications. The call-ins are a leading example of this kind of communication.

See Religion Corner on page 30

### Where in the World are You?

For 22 years, Piedmont residents have made sure their travels are well documented, with photos of family members reading the Piedmont Post

The Post invites families to send us photos still on your camera or in a scrapbook for publication in the Where in the World Are We on the back page of the paper.

Send photos as jpg. files to: <a href="mailto:news@piedmontpost.org">news@piedmontpost.org</a>, and be sure to include a brief description of the location where the photo was taken.

### Sheltering in place?

in far-off places throughout the world, and some nearby.

Otherwise we are left to ask, "Where in the World Are They?"

### How to get news in the *Post*

The *Piedmont Post* welcomes its readers to express their opinions on any topic. Columns in the *Piedmont Post* are exclusive and may not be reprinted without permission.

The Post reserves the right to edit any pieces or letters submitted. Opinion pieces should be limited to 400 words, letters to the editor

Photo submissions: Please submit photos at 6 inches in width and at a resolution of 200 dpi in jpeg format.

Do you have some news? Place any photos or stories in the mailbox at 1139 Oakland Ave., or email them to <a href="mailto:news@piedmontpost.org">news@piedmontpost.org</a>. It's that easy. (Send us an attachment or cut and paste your text into the body of the email.)

The deadline for submitting news, photos and opinion items is Friday.

### **UOTE OF** THE WEEK

"Those are my principles, and if you don't like them... well, I have others."

> -Groucho Marx 1890-1977

American comedian, TV host

### PIEDMONT POST

Piedmont Post news racks at 2 locations

Newsstand copies of the Piedmont Post are available at

Copies of the paper may be purchased for \$1 at all locations

Mulberry's Market, and Piedmont Shell at Grand & Wildwood

during business hours. Weekly delivery to homes in Piedmont

and online access is available by subscription. Call 922-8711 for

information. Or go to piedmontpost.org/subscribe.

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### NEWS

# Alameda County nears 12,000 COVID-19 cases; 500,000 in California

No new cases reported in Piedmont in past seven days

By Barry Eitel

While more than 1,200 new cases of COVID-19 have been reported in Alameda County during the past seven days, state officials were cautiously hopeful this week that fewer people were testing positive for the virus in California overall than last week.

No new cases of COVID-19, the respiratory disease caused by coronavirus, have been reported in Piedmont in the past week. As of yesterday, Tuesday, August 3, Piedmont's total count is 23. The Alameda County Public Health Department reported that 10 cases were reported in Piedmont in July, the largest spike in cases locally since records were kept. Three cases were reported in May and 10 cases were reported prior to April 13, when the department began releasing cityby-city data.

Officials reported that there have been 11,909 cases of COVID-19 in Alameda County as of yesterday, an increase of 1,276 over the past seven days.

Tragically, 11 more people have died in the county, increasing the number of deaths in Alameda County to 192 since the pandemic began.

In Oakland, the most populous city in the county, officials recorded 4,758 cases. Hayward now has a total of 1,698. Fremont has reported 663 cases, San Leandro has reported 601 cases and Berkeley has reported 407 cases.

Alameda County has essentially paused its reopening efforts since June 29, allowing for many retail activities as well as outdoor dining. It is unknown when officials will permit the next phase of the local economy's reopening, which, in theory, would allow for the reopening of barbershops, salons, indoor dining, pools and schools.

The state still has Alameda County on a COVID-19 "watchlist" along with every coastal county from Sonoma County to the border with Mexico. Alameda County has been on the list since July 12, meaning many indoor businesses and activities are prohibited by state regulations.

As of Sunday, August 2, California has reported 514,901 cases of COVID-19, according to the California Department of Health. California is now the only state in the U.S. with over 500,000 total cases.

At a press conference on Monday, August 3, Gov. Gavin Newsom was cautiously optimistic about recent trends in California. He noted that the number of positive tests and hospitalizations decreased last week compared to the week before.

"It's not where it needs to be, it is still too high," Newsom said. "But again, it is good to see this number trending down, not trending up."

He said that the state is still a long way from reopening. He also noted that in some hard-hit counties, positivity rates are still much higher than the state average.

In Piedmont, the City closed the Linda Beach Playfield on Friday, July 24 due to overcrowding concerns. One week later, this past Monday, August 3, Witter Field, the largest open recreation space in the city, was closed by the school district due to repeated complaints of non-compliance of county health orders.

"This closure is due to persistent lack of compliance with the Alameda County Public Health Department's Shelter in Place orders," PUSD said in a press release on Friday, July 31. "Despite repeated warnings from District staff, users of the Witter Complex have continued to play group sports in violation of COVID-19 health orders."

In a report on Monday, August 3, Police Chief Jeremy Bowers noted that the Recreation Department has deployed 15 "Park Ambassadors," a group made up of employees of the Recreation Department to monitor compliance with health orders and hand out face coverings to people who do not have them.

Bowers told City Council this week that the closure of the Linda Beach Playfield serves to "send a message that we need to be serious about this" and allows the City to come up with new strategies to reopen parks safely.

The City of Piedmont keeps its pandemic-related information available on a webpage at <a href="www.piedmont.ca.gov/government/covid-19">www.piedmont.ca.gov/government/covid-19</a>, and issues weekly updates.

### PPD addresses compliance of face-covering order

"We need a better solution," Chief Bowers said

By Allyson Aleksey

Piedmont Police Chief Jeremy Bowers gave a report to the City Council at its meeting Monday evening, August 3 describing the department's efforts in enforcing the Alameda County Health Officer's face-covering order.

The county order, effective July 19 and valid until replaced or rescinded, states that all individuals over the age of 12 is to wear a face covering when: at an outdoor dining establishment except when eating, outside their home and within 30 feet of anyone else, and in the workplace except when in a private space.

The order also asserts that face coverings should always be kept on hand when leaving the house.

This announcement comes after the closure of Linda Beach Field due to noncompliance. The city closed the public space on July 24, and it will remain closed until further notice. Subsequently, the school district closed Witter Field to all users as of 6 a.m. on Monday this week.

The Police Department received a slew of complaints from residents two weeks prior to the closure of Beach Field. The most frequent and ongoing complaint was of young adults playing organized, pick-up sports without masks on and without social-distancing.

Bowers reiterated that the order does not contain an exception for those engaged in exercise.

"In the event that somebody is exercising outdoors, the person should be wearing a face-covering over the mouth and nose area when you're within 30 feet of another person," Bowers said.

While social-distancing routinely has been defined by the Center for Disease Control (CDC) as six feet, the 30-foot rule by the county is meant to give individuals enough time to put a mask on when coming within vicinity of another individual.

Bowers added that he personally runs throughout the city and carries a face mask with him.

"As I come across people, and start closing that 30-foot gap, I 'mask-up," he said.

Members of the City staff have observed individuals and groups not adhering to the county order, and Bowers vocalized the department's intentions on enforcing the mandate.

The city has increased messaging and education to the public and has increased signage throughout the city, urging residents to wear masks. The Recreation Department has also created, trained and deployed 15 park ambassadors, consisting of full-time and part-time staff, to ensure general compliance of the mandate in public spaces.

Although park ambassadors cannot issue citations, they do have radios tied into the police department's dispatch center, and can alert officers of individuals or groups who do not comply.

Bowers addressed the possibility of citations from law enforcement for those who do not comply.

"Police officers first seek to educate members of the public who we encounter. If officers

See Compliance on page 32

### READ IT IN THE POST

### Piedmont Post at your door and online

The *Piedmont Post* remains available online to all subscribers, no matter where they live.

To have access to the online *Post*, type <u>piedmontpost.org</u> for a Google search. The entire edition sonline. You must log in and use your password. Then readers may scroll from top to bottom as if

is online. You must log in and use your password. Then readers may scroll from top to bottom as if reading the printed version from left to right.

The Post has returned to print and is delivering the paper weekly to households throughout the city each Wednesday. For inquiries, call the *Piedmont Post* at 510-652-2051.





"Although you're demoted, lower management will benefit from someone who's been at the top."

### LOCAL ITEMS

### Piedmont still leads the state in Census response

**Census Bureau to hire** 

300 people in Bay Area

to conduct door-to-door canvassing in the coming weeks. Census

takers (enumerators) interview the residents of households that

have not responded to previous invitations to complete the census

an email address, and be able to pass a background check. The job

accurate count, which is critical for federal funding and fair

is temporary, has flexible hours, and pays \$30/hour.

at 2020census.gov/jobs or calling 1-855-562-2020.

Applicants must be at least 18-years-old, have a driver's license,

Census takers serve as the last line of defense for getting an

You can help your community and yourself by applying now

The U.S. Census Bureau will be hiring more than 300 people

By Allyson Aleksey

As Piedmont and Clayton engage in a friendly competition, called the Census Challenge, Piedmont is still leading the state in 2020 census response rates with 87.3 percent of residents. About 82 percent of that pool responded online.

As of press time, Clayton's self-response is 85.5 percent. About 77 percent of those who answered did so online.

The two cities, which are about 23 miles apart, have nearly identical demographics. Both cities are comparable in population; Clayton, with 4,006 households, is slightly larger than Piedmont with 3801 households.

In a front-page story in the Clayton Pioneer, the city's weekly publication, Mayor Julie Pierce expressed readiness for a little friendly competition.

'We're determined to post the highest response rate in the state for the 2020 decennial," Pierce told the Pioneer. "Clayton res-

survey online, by phone, or by mail.

political representation.

idents have a proud history of civic engagement and participation. We're going to show Piedmont, and the rest of the state, just how engaged we are."

Pierce added that the stakes are very high for California this time around.

We could lose a congressperson. It's essential that everyone be counted," she said.

Clayton resident and Census Bureau media specialist Pamela Michael explained the importance of responding to this year's census.

"The apportionment of legislators is based on census data. Each state is allotted two senators regardless of population, but your congressperson as well as state legislators is determined by the number of people in your given geography. It's critical that everyone is counted in order for everyone to be represented," Michael

It's never been easier to respond to census; for the first See Census on page 29

### August 5 – 9

Wednesday, August 5

6 a.m. July 16 Special School **Board meeting** 

10:30 a.m., 7 p.m. Aug. 3 City Council meeting

3 p.m. **July 13 Planning Commission meeting** 

5:30 p.m. **Park Commission Meeting** - Live (Zoom meeting)

> Thursday - Sunday August 6 - 9

6 a.m., 5 p.m. Aug. 5 Park Commission meeting

8 a.m., 7 p.m. Aug. 3 City Council meeting

1 p.m. July 15 Recreation **Commission meeting** 

Due to the COVID 19 emergency, live meetings are being held virtually and NOT at City Hall. *Please see the meeting* agenda on how to view and participate in the meetings via internet, telephone, and other media.

For more information on future programming, call KCOM at City Hall at 510-420-3083.

Lic. No. 702138



By Jay Russell

Question for teachers: What are your thoughts about having school online instead of on campus?

Asked via email 7-29-20.



### **MERCEDES FOSTER, PHS English**

It will be strange meeting my new students ten feet from my kitchen, but starting the year online is definitely our safest, most responsible option.



### JOHN SAVAGE, PHS Science

I am excited and disappointed. I spent the summer preparing for the eventuality of distance learning, but I am disappointed that I won't get to meet my students in person.



Starting school online is far from ideal, but the choices were never online vs "normal" school. I'm trying to get past my disappointment. Let's all roll up our sleeves and work together.

SHELLEY SETO-ROSEN, PHS Science



### KAREN BLOOM, PMS Math

I am starting to get excited about the possibilities of distance learning. We are going to have wonderful whole school activities, fantastic "classroom" experiences, and lots of learning.



### MELINA RINEHART, Beach 1st grade

At this point, I think it's necessary in order to keep everyone safe. We are going to make it the best possible learning experience for our students that we can.



### TED SCHERMAN,

I am going to miss the excitement and energy of school, but I am looking forward to the challenge of creating an inclusive and creative distance learning experience for my students.



The Question Man asks a prescient question each week at an unannounced location.

6th grade core and drama





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Valerie Lee Ow & Robbin H. Lee, PHS alums

### Elitzer family wins Mayor's Award for 4th of July Decorating Contest



Staff photo

The Elitzer family – Julia (left), Adam, Dan and Benjamin – won the Mayor's Award for their 4th of July decorations

By Jay Russell

In place of Piedmont's beloved Fourth of July parade, the city held a "Celebrate in Place" front yard and car decorating contest. Standing in for Mayor Bob McBain, former Piedmont Mayor Michael Bruck, a member of the 4th of July Parade Committee, presented the Elitzer family with the Mayor's Award last week for decorating their house with 50 hand drawn state flags.

The workhorse on the project, four-year-old Adam, drew all the flags on large construction paper and received support from mom and dad, Julia and Dan, and little brother Benjamin.

Their entry, titled "E Pluribus Unum – Out of Many, One," also included red, white, and blue decorations and flags from around the world

Adam has the distinction of being the youngest award winner in the history of the parade (even though there was no parade this year). He drew a special USA flag for former Mayor Bruck.

The Elitzer family won a \$100 gift certificate for use at the Piedmont Recreation Department for their efforts on the Fourth.

Adam's flag drawing career was sparked by an interest in pirates.

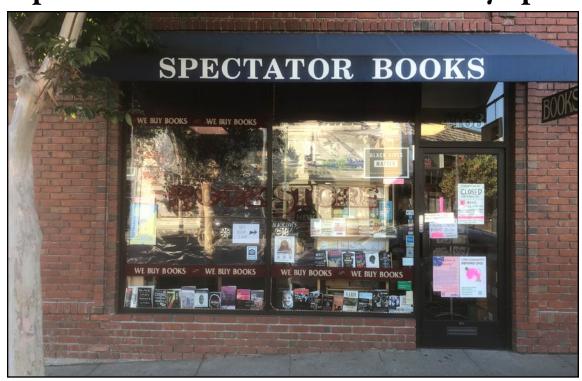
"He started to draw a lot of pirate flags and then realized there were more flags out there than just the pirate variety," his mom explained.

Before the contest began Adam embarked on his self-motivated mission to draw all 50 state flags. Once the contest was announced, the Elitzers asked the young artist if he could put together the last 23 flags in time for the Fourth of July Parade Committee's judging.

He obliged, and the house on Greenbank Avenue was resplendent with a complete set of flags, which caught the fancy of Bruck and other committee members. The award winner will be entering transitional kindergarten this

### **LOCAL BUSINESSES ADAPTING**

### Spectator Books: A closed door to stay open



Spectator Books on Piedmont Avenue has helped bookworms find their literary apples since 1994.

By Jay Russell

Spectator Books on Piedmont Avenue has taken decisive steps in the last few months to stay in business, though it had to keep its doors shut to the public. Deep staffing cuts and an inability to take donations and trade-ins have also resulted as they tread water.

Owning a bookstore in a pandemic offers unsettling challenges to a degree that other businesses may not face. Although allowed to have people in the store, this is not a feasible option for them.

The bookstore has reduced its staff to just one worker. Stacie Willoughby, an employee for five years and part-owner for three. She runs the whole show now.

"It's just me, I'm literally the only one doing this. I am here all day, every day," she said.

Explaining the dilemma, she said, "I wouldn't want to have people in the store. I don't think it is wise. It is very hard to keep a bookstore sanitized. You can't just wipe every book down after every customer finishes browsing."

Compounding the COVID concerns is the fact that many of their customers are seniors coming from Piedmont Gardens, a retirement home a half block away

Customers are also prone to linger in bookstores, WIlloughby mentioned.

"It's not like they run in and get their pickup and leave. They want to be there for an hour, so it's very hard to do three or four customers at a time. I don't think we would be more productive being open to a few people at a

See Spectator Books on page 29

### HELD SAVE PIENMONT COPY

**Piedmont Copy,** a family-owned local business on Piedmont Avenue across from Fentons Creamery, needs the help of Piedmont residents and its many customers. In business for 20 years, we are now facing a big drop in the number of customers due to COVID-19.

We have set a goal of raising \$30,000 through a **GoFundMe** account so we can pay the rent and pay our employees.

Please click on the link below to help our business survive. gf.me/u/x3w2gk

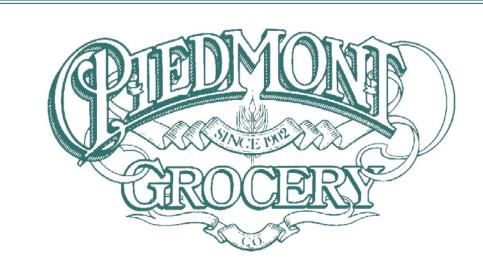
We have conducted business for many years with various departments of the City of Piedmont, with the Piedmont Post and with the Piedmont Center for the Arts.

We love Piedmont.

To contact us directly, e-mail print@piedmontcopy.com.

With gratitude, Fatima Yousef, Owner





### **CURRENT STORE HOURS**

Monday through Saturday 10:00 am to 8:00 pm Sunday 9:00 am to 7:00 pm

Senior Hour Every Day 9:00 am to 10:00 am including Sunday

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### SCHOOLS

### Letters to the Editor

### or and

### PUSD faculty message on racism, sexual assault

Editor:

To the students who are talking about Racism and Sexual Assault:

We see you.

We hear you.

You are not alone.

Sexual violence and white supremacy harm communities. We want to strive toward creating a community of care.

We are called to educate ourselves in how to be more mindful of disrupting systems of oppression, and to move in new directions.

We are called to update our curriculum to be more inclusive and to model courageous conversations, taking into consideration when one's intent differs from the impact. We will not be perfect at this, nor will we expect perfection from you, but we will step into uncomfortable situations and through it with you.

We are called to work with you and with your parents to change the culture. It won't be easy. It takes time and dedication to rewire our brains to challenge the toxic systems that we have subconsciously or consciously internalized.

We are called to encourage the administration and the justice system to change policies, to create more spaces for healing, to create more opportunities to learn and grow, and to hold perpetrators responsible.

We are called to leverage our whole community to set the new tone of what is acceptable, to work towards love and care, justice and mercy for all of us.

We see you. We hear you. You are not alone.

—Signed by Karen Bloom Amiee Peri Kimberly Taylor Tammy Medress Beth Black Alaleh Ansarinia- Ford Lori Morris Alli Cota Ben Spencer Debbi Hill Michelle Gary Katie Terhar Aaron Barlin Carrie Poole Katy Levin Elise Marks

Stephanie Valdez-Kaminsky Michelle Barbera Jody Weverka Dena McManis Laura Archer Erika Weisenberg Emily Hook Amy Moorhead Jaimie Lasky Tracy Broback Sun Lee Jessica Roine Kathryn Levenson Louisa Cheung Robin Ludmer Brenna Galvin Lianne Morrison Stefanie Manalo-LeClair Matthew Klein Jennifer Gulassa Carolyn White John White Shoshana Beary Joanne Guillén Gabriel Kessler Deysi Sahagon

Mercedes Foster

Amy Dunn-Ruiz

Michelle Mazzeo Amy Sharp

Jessica Hedbavny

Helen Brown

Amy Savage

Jessica Ivry

Anjuna Lohnes

Sarah Kingston

Gina McKuen Tiffany Cothran Ashley Stevanovic Anne Smith Katherine Thompson Michelle Kerwin Ted Scherman Ted Greenebaum Amanda Carlson Jessica McMillen Colleen Stormer Vanessa Miller Erin Ashton Joanne Chace Lisa Brenneman Andria Mullan John Savage Ken Taylor Heather King Gillian Bailey Dave Keller Penelope Sullivan Rachna Dube Daniel Horgan Sandra Martin Tom Palsa Tom Huffaker Marna Chamberlain Auban Willats Andy Willats Gabrielle Kashani Hannah Swernoff Diana Miller Christèle David Virginia Leskowski Ken Brown Kate Campbell Heidi Sawicki Nancy Roscelli Camilla Thayer Annie Holland Craig Best Lesley Wighton Ali Kelly Nic Birondo Michael Bracamonte Adam Saville Jodi Carter Jen Rinna-Hildreth Shelley Seto-Rosen Ashley English Chris Hartford Jana Branisa Diane Bomberg

Jen Vlahos Kessler

### PHS seniors lead way with mask awareness project



Piedmont High School seniors Audrey Edel (left), Sadie Tschider and Anthony Wong have created a mask-awareness campaign for the entire community.

When UCSF epidemiologist and Piedmont resident Dr. George Rutherford spoke at the Piedmont School Board meeting on June 24, his strongest recommendation to contain the spread of COVID-19 was for people to wear masks when they leave their homes. In the days following, Piedmont High School students Audrey Edel, Sadie Tschider,

and Anthony Wong, who will be entering their senior year, wanted to find a way to amplify this message to keep the community safe.

After serving on the Piedmont task force to reopen schools and speaking out at Piedmont School Board meetings, the three students were asked by School Board Vice President Cory Smegal and others to create a mask-wearing public awareness campaign.

Today, @piedmontmaskproject has over 200 followers on Instagram. Edel, Tschider, and Wong continually gather and post images of Piedmont residents wearing masks and add messages about why it's important. They are also designing and putting up posters as well as filming a Mask Public Service Announcement, featuring various community members.



Steve Ziganti, 3 Steves Winery

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### **SUMMER THOUGHTS**

### **BAY AREA** CHILDREN'S THEATRE

### **Back to Homeschool time**

By Nina Meehan

All right, here we are, back in homeschool mode. In all of this craziness, it is so easy to get lost in the negativity of the situation – and let's be honest, there is a lot of challenge associated with homeschooling. But let's take a minute to look on the bright side of the

For starters, I was thrilled not to have to go back-toschool shopping for my kids. They can keep wearing the same shorts and t-shirts for as long as they vaguely fit and don't have too many holes in

Other bright spots include having a tween available to walk the dog in the middle of the day. And all those gazillions of art supplies that you acquired last spring for your preschooler will be put to good use again.

On a more serious note, there are some kids for whom homeschooling has been a blessing. For those who are teased, made fun of, or bullied, homeschooling has served as a respite from the energy of having to constantly deflect and protect oneself all day. And for alternative learners, where the traditional school setting may have been challenging for their needs, perhaps homeschooling has helped them see a new way to learn.

Maybe I'm too optimistic, but most importantly I do hope that we take this strange moment in our times to truly reevaluate how and what we expect kids to learn in this country. The homeschooling situation has put a giant spotlight on the incredible inequities in our schooling system. at <u>bactheatre.org</u>.

Where one district can be pretty confident that most, if not all, of their students have access to computers and highspeed internet, another district is fighting just to make sure that every child in the district can still get the lunch they need to stave off hunger for

Learning comes in so many different forms. As a lifelong arts educator, I have seen kids who struggle to sit still in a classroom environment thrive when given the freedom to be creative and move their bodies around during a theatre class. I have seen kids who are often overlooked in the classroom because they are quiet or shy become the best assistant directors ever when offered the opportunity to deep dive into research on a time period for a play or musical

And I have seen kids from across the country connect with each other on social justice and collective action on the environment, racism, gun control and so many other topics that inspire and empower

When we do go back to "normal," I hope that as a community we have taken the time to truly ask ourselves the big questions about education. Are we educating equally? Are we thinking creatively about how to acquire knowledge and inspire thinking? How can we ensure that all our kids will thrive and grow into incredible leaders of tomorrow?

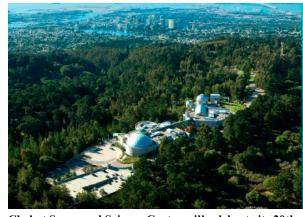
Nina Meehan is CEO of Bay Area Children's Theatre, now producing A Kids Play About Racism, which is available online through August 7



Creative learning at Bay Area Children's Theatre.



### **Chabot Space & Science Center** 20th anniversary this month





Chabot Space and Science Center will celebrate its 20th anniversary on Skyline Boulevard in Oakland with a silent auction, virtual talks about the history and the online "Chabot Star Party Spectacular."

Chabot Space & Science Center is celebrating 20 years of discovery and scientific illumination at the Skyline Campus throughout the month of August.

The fun gets underway with two virtual community celebrations, an online silent auction to benefit STEM education at the Center, and a look back at photo memories from the past 137 years in Oakland and its 20 years on Skyline Boulevard.

Chabot's special silent auction has commenced and continues all August to benefit STEM education at the Center.

Items to bid on include private telescope viewings, select prints from the Luminous Moon exhibition and an exclusive Hike and Sip event. Guests may also bid on a private viewing under a starry sky created by the Zeiss Universarium machine, one of four in the country. Visit <a href="https://paybee.">https://paybee.</a> io/@chabotspace to see the auction items.

Later in August you can join astronomer Ben Burress on Wednesday, August 19 at 8 p.m. for the virtual talk called 137 Years of Chabot Space & Science Center in 60 Minutes (<a href="https://chabotspace.">https://chabotspace.</a> org/calendar/the-history-of-chabotspace-science-center/).

The 20th anniversary on Skyline continues with Chabot's Star Party Spectacular (https:// chabotspace.org/calendar/ chabots-star-party-spectacular/) on Friday, August 21 at 8 p.m. Tune in for engaging STEM activities, a virtual dance party, and appearances from: leading scientists, Fritz the resident robot, and Executive Director Adam Tobin.

Throughout August Chabot Space & Science Center encourages the community to share their favorite memories from the past 20 years on Facebook, Instagram and Twitter with #ChabotSpace-Memories. Chabot will be sharing contributed memories on social media from members, leaders and community partners.

Chabot Observatory opened in 1883 at Lafayette Square in Oakland was the official timekeeper of the city. In 1918, Chabot moved outside the city center to Mountain Boulevard as light pollution changed astronomical visibility. There they expanded with a 90-seat planetarium, science labs and classrooms.

In collaboration with NASA, Chabot Space & Science Center moved to its current location on Skyline Boulevard in August 2000. Since then, the Center has grown with interactive unique exhibits, community partnerships, otherworldly NASA artifacts and cultural events to drive scientific curiosity.

For details of all events and more information, visit their website at chabotspace.org, or call 510-336-7300. Chabot Space & Science Center is located at 10,000 Skyline Boulevard in the Oakland hills.

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Colby Brookfield (left), Maxwell Lee, Phillip Chin, Evan Eldridge and Ryan Parkhurst, all of Troop 11 (2019); Rob James (1975); and Stewart James (2019) and Ryan Tripp (2020), both of Troop 15.

### The story of 8 Eagles from a single Cub Scout Den

When he received his Eagle rank in 1975 with Troop 45 in Salinas, California, Rob James didn't know what his future held. In 2008, he became a Cub Scout Den Leader in Piedmont with his son, Stewart, and quickly found

himself surrounded by a gang of very high achievers. Their hard work, year after year in Cubs and in Scouts BSA, paid off when a total of eight Cubs from the original Den became Eagles, the highest achievement for uniformed Scouts. Rob himself went on to become President of the Piedmont Council, as well as a Silver Beaver recipient. In Scouting he is also vice president of Area 3 in the Western Region, and a Legacy Society member of NESA.

### Piedmont alum Kelly Gross Biele wins second Emmy for news production

By Jay Russell

Kelly Biele, previously Kelly Gross of PHS class of 2007, won her second Emmy on June 6th for co-writing and co-producing a 30-minute TV special for FOX 5 San Diego called "Explore San Diego: Beyond the Beaches."

The award-winning special project revealed secret (or not so secret) spots around San Diego to visit. Biele won the Emmy along with photographer Aaron Eudaley, anchor Kathleen Bade and executive producer Ruby Chen.

The special, which still airs in San Diego, featured a food forest with edible flowers, a land of peacocks in an unrevealed secret location, a haunted castle, and a pig rescue sanctuary.

The Emmy came in the category of Arts and Entertainment Program Special in the regional market of San Diego, Las Vegas and Palm Springs.

Biele won her first Emmy in 2013 in the category of Breaking News while working on the morning news show at ABC 10 San Diego. She produced the show which covered the rescue of a person who drove off a notorious cliff in San Diego and survived.

Of the awards, she said, "It's a very special honor in the TV world. It's fulfilling to know that something I worked so hard on received recognition in such a big way."

Biele has produced news at Fox 5 since 2014. She said she frequently is asked what a producer actually does.

"I'm the person in the control room with the headset talking to the reporters and anchors while on air, but it is so much more than that," she explained.

A producer decides what goes into each broadcast and pilots the show. When not working on special projects, all the work is dayto-day, even changing mid-show



Kelly Gross Biele, with her second Emmy for co-producing and co-writing "Explore San Diego: Beyond the Beaches" for FOX 5 San Diego local news.

for breaking news. Biele must decide what makes the news, create outlines for the stories and coordinate with graphic designers and writers. She also writes stories and pre-commercial teasers and has responsibility for the overall look of the broadcast.

There's no shortage of work for the media right now and just this month Biele returned to full-time duty after working part-time to have more time with her two sons, Blake (2), and Asher (10 months).

COVID-19 has changed her work drastically, she confirmed.

"Currently I am working remotely, which is something that has never been done in our industry. It's pretty cool to see what I put together at home, air on my TV at home and know that that's what people around San Diego are seeing too."

Biele majored in Broadcast Journalism at the University of Arizona and got her first big break as a writer at FOX 40 in Sacramento. When a producer retired after 40+ years, Biele boldly requested to take over his job.

"I thought they would laugh and say I didn't have enough experience. But they said, 'sure, you start training this weekend.' So, I became the weekend producer at FOX 40," she said.

The secret to the young Piedmonter's fast success lies in the advice she offers to budding journalists: "Jump at every opportunity you can, because you never know when someone will say yes."

For Piedmonters visiting San Diego, be sure to check out Biele's "must-visit" San Diego spots at <a href="https://www.Fox5SanDiego.com">www.Fox5SanDiego.com</a> under the Explore San Diego

### FUN4KIDS

Event Calendar

By Jay Russell

#### Oakland Zoo

Outdoor Zoo- Now Open

The zoo reopened to the general public July 29. Mandatory reservations and safety precautions are new at the zoo. The zoo has been closed since March and is the last to reopen in the state. If you haven't visited in a while, take the gondola to the California Trail which was added in 2018. The trail doubled the zoo's space and provides a habitat for seven species including American buffaloes, jaguars and bald eagles.

### **Dungeons and Dragons Online**

Wehsit

Dungeons and Dragons has a formidable website with resources for players young and old. Choose from dozens of free online campaigns that will bring out your inner mage or dwarf. Detailed instructions on how to play and character sheets are online here to get kids interested in the game which invites theatrics, math calculations, creativity and above all- adventure.

#### **PBS Kids**

Online Games and TV Shows

Public Broadcasting Service (PBS) has provided content that kids and families love for over 50 years. Check out their website, which has tons of fun computer games for kids to play like Cookie Monster's Food Truck, Dinosaur Trains' Dino Flight, and Clifford the Big Red Dog's adventure stories. Choose from hundreds of science, reading, Spanish and music games. The site also has kid's favorite TV shows, including Sesame Street, Curious George and The Cat in the Hat.

#### Starfall.com

Online Reading Website for Kids

Starfall opened in September 2002 as a free public service to teach children to read. It also includes language arts and mathematics for kids in preschool to K-3. Starfall emphasizes phonemic awareness, systematic sequential phonics, and common sight words in conjunction with audiovisual interactivity. Starfall has a large collection of videos, printable worksheets, and detailed lesson plans

### More Info:

### Oakland Zoo

9777 Golf Links Road, Oakland (510) 632-9525 www.oaklandzoo.org

### **Dungeon and Dragons Online**

dnd.wizards.com

### **PBS Kids**

www.pbskids.org

### Starfall

www.starfall.com

### READ IT IN THE POST

### **COLLEGE NEWS**

### 3 from Piedmont on Colorado College Dean's List

Colorado College recently announced its Dean's List for the 2019-20 academic year. Students who achieve a grade point average of 3.75 or higher are placed on the Dean's List, which is released annually, not by semester.

Three students from Piedmont were named to the Dean's List this past year:

- Andrew Pinkham, junior
- Natasha Yskamp Long, sophomore
- Lena Fleischer, freshman

Located in Colorado Springs, Colorado College has an undergraduate enrollment of 2100 students. The school operates on the Block Plan, in which students take one course at a time in three-and-a-half week segments.

### WPOINT

### **Distance learning** is not the answer

By Hari Titan

On March 13, 2020, our school board decided to close schools against the advice of then Alameda County Epidemiologist and interim public health director, Dr. Erica Pan. The school board stated they have enough expertise on the board to decide their own school shut- down criteria. It is criteria which I can't find published anywhere.

I did not know about Dr. Pan's position against school closures on March 13, but I found her letter from a Public Records Act request 6 weeks later. In a March 13 letter to school superintendents in Alameda County, Dr. Pan stated: "The most recent CDC guidance that early short to medium closures do not impact the pandemic Epi curve of COVID-19, and that priority and focus should be given to other mitigation efforts such as improved hygiene, cancellations of non-essential mass gatherings, and other social distancing measures. Countries that have closed schools have not had more success in reducing the spread of disease compared to those that did not."

On March 16, 2020, the Alameda County public health department issued its first broad-based shelter-in-place order that shut down all non-essential businesses in what then was a successful attempt to flatten the rise of hospitalization rates.

On June 24, Piedmont resident and UCSF epidemiologist Dr. George Rutherford was invited to speak at a school board meeting. Based on his state-wide contact tracing experience, he presented many facts that supported schools reopening. Soon afterward the school board decided the new school year would open by giving elementary school parents a choice of 100% distance learning (DL) or a half-capacity hybrid DL model that required masks and 6-foot social distancing.

But on July 13, the school board met in closed session and asked the superintendent to present plans for 100% DL only. At a special meeting three days later, on July 16th, the board approved the new 100% DL plan citing future lockdowns expected by Dr. Fauci (in Washington) and framing the debate as, "how many teacher deaths would be too many"?

One day later our Governor ordered all schools in Alameda County closed until they met certain published criteria. The Piedmont School Board later confirmed that even if the Governor lifted his restriction, they were unlikely to lift theirs.

To gauge public opinion, I decided to survey my email list. My main question was, "Which instructional settings do you prefer"? The responses were:

- 1. Reopen schools at half capacity with masks and a 6-foot separation: 56 responses (49%)
- 100% Distance Learning: 33 responses (29%)
- 3. Reopen schools at full capacity but with masks and a 3-foot separation: 26 responses (22%)

Even allowing for a hypothetical +/- 20% margin of error, it appears a majority of parents are not happy with reopening the 2020-21 school year exclusively in 100% Distance Learning mode for all students.

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### **PPD Blue**

EXCERPTS FROM THE PIEDMONT POLICE DEPARTMENT LOG

**July 24 - July 31** 

#### This Week by the Numbers

- 0 Confirmed reports of people not abiding by social distancing rules
- Complaint of a gas-powered leaf blower
- 2 Stolen vehicles
- 6 Automatic license plate readers (ALPR) triggered by stolen vehicles or plates
- 6 Theft of catalytic converters

### Friday, July 24

12:29 p.m. La Salle Ave. Report of a large truck unable to make turn. Officer finds concrete truck; all OK.

12:50 pm. Winsor Ave. Report of a man and child scaling fence to enter Witter Field. Officer informs caller that field is not closed.

1:37 p.m. Wildwood Ave. Resident finds someone's belonging in backyard, thinks it belongs to suspect arrested for stealing drills on Fairview last week.

2:44 p.m. Magnolia Ave. Report of a man with homemade "rocket launcher" on Witter Field. Looks unsafe. Officer gives advice to Rocket man.

3:23 p.m. Estates Dr. Auto Burglary. Report of catalytic converter theft.

8:49 p.m. Oakland Ave. Report of a man yelling profanities; officers make contact & take him to police station; released after discussion.

8:54 p.m. Magnolia Ave. Report of a loud party with juveniles. Officer makes contact; party shut down.

11:22 p.m. Sotelo Ave. Noise complain of yelling and screaming at loud party. Officer contacted homeowner, noise from beer pong in back yard, will quiet down.

### Saturday, July 25

7:15 a.m. Artuna Ave. Report of a fallen tree blocking pathway. Public Works notified.

7:18 a.m. Hillside Ave. 4-hr parking sign pulled out of ground. Public works called.

8:27 a.m. Highland Ave. Theft. Report of package stolen off front

9:28 a.m. Mountain Ave. Report

of gas-powered leaf blower. 11:02 a.m. Oakland Ave. Auto Theft. White Honda Civic stolen

between 9-11 a.m. 6:26 p.m. Sunnyside Ave. Auto Burglary. Wallet stolen from truck between 10 a.m.-12 p.m.

7:22 p.m. Highland Ave. Report of 10 teens skateboarding on resident's property and refusing to leave. Officer disperses crowd.

8:32 p.m. San Carlos Ave. Report of seeing smoke. Determined to be from a barbecue grill; extinguished

10:47 p.m. Highland Ave. Complaint of loud party, officer advises

#### Sunday, July 26

10:09 a.m. Sunnyside Ave. Residential Burglary. Report that a silver 18" Specialized bicycle was stolen in last few days.

12:58 p.m. Fairview Ave. Auto **Burglary.** Catalytic converter stolen from Toyota Prius.

10:23 p.m. Highland Ave. Fraud. Report that someone attempted to use resident's ATM card at Wells

#### Monday, July 27

4:25 a.m. Grand Ave. Attempted Auto Burglary. Resident reports hearing banging noise near her Prius parked on street in attempted theft of catalytic converter. 2 male suspects fled in gray Infiniti with paper plates.

10:30 a.m. Moraga Ave. ALPR triggered by 2000 Honda CRV westbound on Moraga.

10:58 am. Sharon Ave. Auto Burglary. Report of catalytic converter stolen from Toyota Prius.

4:08 p.m. Oakland Ave. Auto **Burglary.** Catalytic converter stolen from Toyota Prius.

4:23 p.m. Magnolia Ave. Auto **Burglary.** Catalytic converter stolen from Toyota Prius.

5:52 p.m. Alta Ave. Residential Burglary. Resident reports that home was broken into; extent of loss unknown. Homeowner gives surveillance video to police.

6:31 p.m. Artuna Ave. Report of 2 juveniles messing with signs in Dra-

9:02 p.m. Cambridge Way. Auto Burglary. Catalytic converter stolen from Toyota Prius.

10:04 p.m. Crocker Ave. ALPR triggered by vehicle northbound on

### Tuesday, July 28

12:55 a.m. Grand Ave. ALPR triggered by vehicle southbound on Grand.

5:59 a.m. Crocker Ave. Auto **Burglary.** Report of 2 people rifling through resident's unlocked vehicle. They fled in dark minivan.

6:19 a.m. Grand Ave. ALPR triggered by 2008 Toyota westbound on Oakland Ave.

8:29 a.m. Sandringham Ave. Report of 2 men looking into residence. Officer confirms they are gardeners.

10:26 a.m. Highland Ave. Resident turns in handgun to police station for destruction.

4:49 p.m. MacKinnon Pl. Report of a man hiding in the bushes. Officers give courtesy ride to Rockridge

#### Wednesday, July 29

6:26 p.m. Highland Ave. Resident turns in keys found on Bonita Ave; keys returned to owner.

11:43 p.m. Grand Ave. Report of a motorist trying to restart car on road for 5 min. Car out of gas; vehicle moved to side by officers.

#### Thursday, July 30

4:49 p.m. Wildwood Ave. Report of 2 young adults climbing over locked gate to Witter Field on Winsor.

10:45 p.m. El Cerrito Ave. Complaint of loud music. Officer advised residents to turn it down.

### Friday, July 31

7:22 a.m. Greenbank Ave. Auto Theft. Report of a green Honda CRV

7:58 a.m. Moraga Ave. ALPR triggered by 2012 Mercedes GK3. Officer attempts to pull vehicle, but it continues into Oakland not at high speed; no pursuit. Oakland PD notified.

8:32 a.m. Grand Ave. ALPR triggered by stolen license plates on 2000 Honda CRV. Plates were registered to Honda Accord. Officer locates car on Fairview Ave.; car towed.

### PICKS OF THE **WEEK (3)**

• Just getting ready for a long, cold winter.

### Monday, July 27

7:29 a.m. Winsor Ave. Report of an opossum inside resident's bedroom.

• Fashion Police reporting clear violation of dress code. Monday, July 27

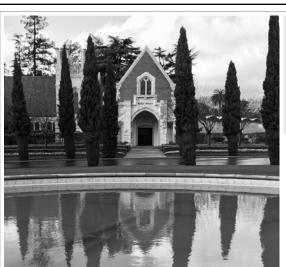
### 8:47 p.m. Sandringham Ave. Report of a man with hat and shorts riding on a Segway

with an iPad soliciting for pest

• We're gonna need a bigger dog.

### Tuesday, July 28

3:01 p.m. Scenic Ave. Possible attack on dog and dog walker by a cat.

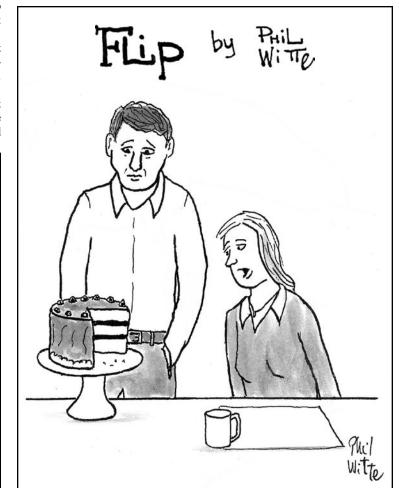




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"Sheltering in place has lowered my resistance."

### **2020 GENERAL ELECTION BIOS**

### CITY COUNCIL

### SCHOOL BOARD

### Jennifer Cavenaugh

Incumbent

Jennifer Cavenaugh was elected to City Council in 2016 and is completing her first term. She first ran for Council due to her business background and knowledge of the city's financial needs. She is a former Brand Manager with The Clorox Company and IT executive at Accenture (Andersen Consulting). She earned her MBA degree from the University of Chicago and a B.S. from the University of Illinois.

While on Council she has continued to advocate for the priorities established with her former colleagues on the Budget Advisory and Financial Planning Committee Member. One of the city's greatest needs will be taking care of its old and aging infrastructure, streets and sidewalks, parks and recreation facilities.

Cavenaugh represents Piedmont with the League of California Cities.

She and her husband Dan have lived in Piedmont for 17 years. They have

three children, Jackson, a college sophomore, and Salem and Shelby in high school.

#### **Connie Herrick**

Licensed Acupuncturist

A Piedmont High grad and resident of Piedmont for 50 years, she is running for City Council for the first time. Married to Mark, they have a son, who graduated from Piedmont High. She and her husband are active in the newly renamed Community Resiliency Group, formerly Neighborhood Watch.

Her background includes 40 years working in both the pri-

vate and non-profit sectors of healthcare, financial services and global transportation. She has an MBA in corporate finance, a Master of Science in Traditional Chinese Medicine, and has been in private practice for 10 years as a Licensed Acupuncturist. As a council member her focus would be on supporting a new aquatic center, retaining a high level of city services, ensuring public safety, fiscal management, and supporting a full transition to a green city through the Climate Action Plan.

#### Conna McCarthy

A volunteer for 25 years and currently a member of the Piedmont Recreation Commission, she and her husband Peter Craigie have three children. She has been involved with a range of organizations in support of schools and co-chaired the \$56 million seismic safety school bond in 2006. She has served on the City's Budget Advisory Committee, on the Piedmont Recreation Facilities Organization and on the 2012 City Parcel Tax campaign. She serves on the Civic Improvement Projects review committee,

"Years of deferred maintenance and coping with outdated facilities is untenable in light of the changing needs of our residents. It is time for important community conversations challenging us to define our vision of Piedmont for present and future generations, and to determine how we will act upon that shared vision.

### Nancy "Sunny" Bostrom

Information not received by press time.

#### Cory Smegal, Incumbent

Currently the school board's Vice President, she is completing he first four-year term.

I am running because I believe that experience is important, and I care deeply about the schools and the well-being of our students and staff. Recognizing that California continues to underfund public education, I led PUSD advocacy efforts in Sacramento for additional state funding.

Locally, I fought for Measures G&H to guarantee Piedmont's continued fiscal solvency. I am proud of my role in bringing a new STEAM building and theater to PHS. I also convinced the district to refinance a PUSD facilities bond which will save Piedmont taxpayers \$25M over the life of the bond.

I have an MBA from the Haas School of Business at UC Berkeley. My husband Tom grew up in Piedmont and we moved to town 17 years ago with our daughter Anna (PHS '19), and son Tommy (PHS '21).

#### Veronica Anderson

Strategy Consultant & Mom

I am a strategy consultant to school systems and educational nonprofits. For the past 10 years, I have partnered with leadership teams to build inclusive, more effective organizations. Earlier I was editor-in-chief of an education policy magazine and as a business reporter. I have degrees in economics and journalism from Northwestern University, and spent a year as a graduate fellow at Stanford.

I moved to Piedmont in 2018 with my husband, David Thigpen, and high school daughter, August. I have been an active volunteer with the Piedmont Appreciating Diversity Committee, and twice served as co-chair of the annual MLK Day Celebration.

I'm running [because] we can do more in PUSD to cultivate an anti-racist culture, engage and retain diverse educators, and use a racial equity lens to inform educational and business decisions. Today, we face unprecedented challenges in delivering and paying for top quality public education. To serve our students well, it is important for PUSD leaders to remain trained on and thoughtful about education, equity and excellence. These are the priorities I bring to Piedmont School Board.

#### **Hilary Cooper**

I am running for School Board because I believe in public education and I want to serve the community that I have been a part of for the past 11 years. Both of my children attended Havens Elementary, PMS and PHS. During that time, I was an active volunteer in our school community. I served seven years on the PMS and PHS parent club boards, including two years on each board as president. I co-chaired Spring Fling, The Giving Campaign, and most recently, the Measures G&H school parcel tax campaign.

I received my undergraduate degree from the University of California, Berkeley and my teaching credential from St. Mary's College.

Llike other districts, we face major and unprecedented challenges right now. If elected, I will work collaboratively with our community, teachers, administrators, and parents to find solutions to today's unique challenges. Our new normal will require open-mindedness and innovation. We must re-imagine how we teach our kids and keep them safe, so that they can thrive.

### James Crawford-Jakubiak

Information not received by press time.

### Jason Kelley

A long-time producer of Beach Revue and a member of the Piedmont Appreciating Diversity Committee. I have kids who have attended Havens, Beach, PMS, PHS and Millennium, and I'm a PHS graduate.

I have a wide understand-

ing of Piedmont schools from serving as a board member of the Beach Parents Organization, PMS Parents Club and PRAISE.

Schools that work for every student should be our common goal.

My years as a labor and employment attorney have taught me that fairness and good faith between the District and teachers leads to outstanding educational results. I want Piedmont's amazing educators to have the facilities, materials, and support to continue to succeed.

Parent and teacher input are essential to PUSD decision making as we continue to work to find ways to provide quality learning that keeps students, families, educators, and the entire Piedmont community safe.

#### Hari Titan

Data scientist

I have been a mathematician and data scientist for 20 years. I have a Ph.D. In Computer Science and a Masters in Mathematics. My wife and I have had children in Piedmont schools since we arrived in 2008. My youngest child is currently a freshman at PHS.

I have been a vocal advocate for full-disclosure transparency in the leadership, management, and operation of our schools. The education and health of students is my primary focus. I believe the PUSD Board needs to maximize both the safety and achievement of every Piedmont student.

The distance learning in the Spring of 2020 is now being called "crisis learning" and the new year will begin with an improved version of it. We should not elect a school board that leads from behind the superintendent.

My focus will be making decisions based on science, data, reason, care, and empathy while always putting the students' best interests first.

### Nancy "Sunny" Bostrom

Information not received by press time.

### **READ IT IN THE POST**

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Dr. Gutlaizer and Ellen and Liza Konnert

### Ellen and Liza Konnert

""Dr Gutlaizer was recommended by a friend. In the last 4 years, Dr G has been exemplary. He is thorough, patient, never quick to order expensive lab tests and he loves animals. He is also kind, gentle, humorous and brilliant. The staff at Broadway Pet Hospital is wonderful. They are efficient, friendly to pets, friendly to people and, most important, caring."

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### Democracy is not a spectator sport!

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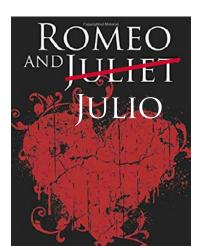
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KNOW THE ISSUES. BE PART OF THE CONVERSATION.

### **Revisiting the Classics during a Pandemic**



William Shakespeare

By Dave DeRoche

As a would-be writer, I've had a lot of near-miss ideas for books. I've also had some plot ideas, based on some very promising titles. But for some reason, I just can't get any book agents or publishing houses to give me an advance and a go-ahead on my ideas or my titles.

What am I doing wrong?

I've included a brief synopsis to save publishers time, but still, no offers have come my way.

Perhaps the readers of the Post might see the value in my ideas. At the very least they may wish to send their suggestions of updated book titles to the Post.

CHARLES DICKENS With a New Introduction by Stanley Weintraub
EXPECTATIONS  EXPECTORATIONS

The Call of the Wild

Jack London

### Original Title and Author

Romeo & Julie William Shakespeare

Great Expectations
Charles Dickens

The Grapes of Wrath John Steinbeck

Robinson Crusoe Daniel Defoe

Cats

Andrew Lloyd Webber

A Midsummer's Night Dream William Shakespeare

Much Ado About Nothing William Shakespeare

The Spy Who Came in from the Cold, John LeCarré

The Plague

Albert Camus

The Pirates of Penzance Gilbert & Sullivan

The Sound and the Fury, William Faulkner

*Crime and Punishment,* Fyodor Dostoyevsky

The Dogs of War Frederick Forsyth

One Flew Over the Cuckoo's Nest Ken Kesey

Slaughterhouse-Five Kurt Vonnegut

Lords of the Ring

J. R. R. Tolkien

The Charterhouse of Parma

Stendhal

The Call of the Wild Jack London

The Brothers Karamazov
Fyodor Dostoevsky

Death of a Salesman

Arthur Miller

### **Suggested New Title**

Romeo and Julio

Great Expectorations

The Crepes of Wrath

Robinson Caruso

Katz

A Midsummer Night's Scream

Much Ado About Noshing

The Spy Who Came In with a Cold

The Plaque

The Pirates of Penance

*The Sound and the Curry* 

Crime and No Punishment

The Cats of War

One Flew Over the Bozo's Nest

Slaughterhouse-Five

The Lord of the Ring

The Charterhouse of Parmesan

The Call of the Mild

The Brothers Kalishnikov

Death of a Salesman

### **Synopsis**

A 21st Century romance.

The search for a COVID saliva test.

Thwarted French baker seeks revenge.

Shipwrecked tenor lands on an

uncharted island.

Broadway musical about a Jewish cat.

Horror stalks a teen summer camp.

101 Recipes for a Bar Mitzvah.

Thriller about a spy from Wuhan.

Camus' little-know tale of the

dangers of tooth decay.
Catholics battle Jews for the

guilt business.

Epic tale of farmers in the Deep South of India.

Berkeley's Radical proposal for

de-funding the police. New historic research on

coups de cats.

White House intrigue, by Dr. Anthony Fauci.

How the Warriors rebuilt their

2021 lineup.

Biography of The Greatest:

boxer Muhammed Ali.
A grating tale of cheese

without holes.

How moderates created a

major third party.

Thriller about gun-runners and terrorists

Laid-off salesman terror-bombs

Amazon warehouses.



- King Leer
- The Mediocre Gatsby
- The Unbearable Lightness of Being White



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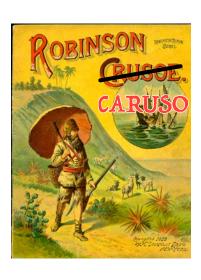
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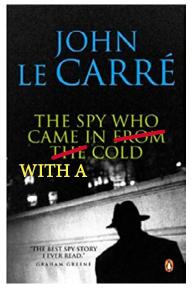
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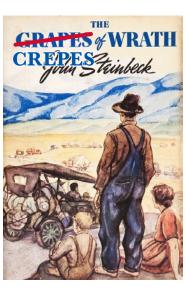


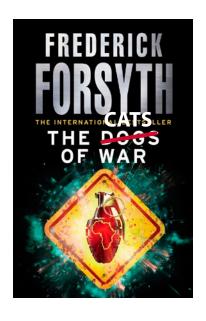
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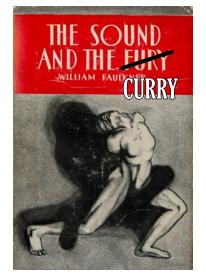
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### **SPORTS**

### PHS athletic director resigns; assistant coach stipends cut

By Jonathan Comeaux

The revolving door of Piedmont High School's athletic department continues to spin.

On Friday, July 24, Alphonso Powell announced his resignation as Athletic Director.

He occupied the position for two years.

Following a radical rescheduling of all sports by California Interscholastic Federation, the governing body for high school sports in California, due to the coronavirus pandemic, the high school cut his salary to 0.6 of full time.

There will be no sports at the school until at least December, and no competitions until January, based upon the schedule of sports seasons issued by the CIF.

Powell's departure means the school will begin a search, most likely later this fall, for its fourth athletic director since 2016. It is understood that Powell will be working at California High in San Ramon.

Further changes were announced at a meeting of PHS coaches, including assistant coach stipends getting cut, reduced salaries for head coaches, and likely reductions or elimination of some JV teams.

"Budget and field space is an issue; I'm still working with administration on that," said Powell. "We're doing confirmations on everyone over the next few days. Witter Field is going to run into some issues," said Powell about the list of 11 spring sports.

The Western Alameda County Conference has scheduled a meeting on August 28 to announce plans for its schedule, something each coach has mentioned.

"Nobody said we won't have



Boys' basketball coach Ben Spencer offers his thoughts on retaining assistant coaches and



Spring sports are expected to be jam-packed at Witter Field with overlapping schedules of football, soccer, lacrosse, cross country, and track and field.

freshmen teams, but they want us to be prepared in case they're cut," said boys' basketball coach Ben Spencer. "We have an incoming freshman class that is really talented and will be a large group. We're hoping to carry all three teams - varsity, JV, frosh - and want to make sure we continue giving kids an outlet with basketball."

For spring sports, the issue becomes field space. Witter Field is expected to be the site of football, lacrosse, cross country, track and field, and soccer at different times.

With soccer and lacrosse starting in March, there's hope all the fine details will be worked out in the near future.



Girls' lacrosse coach Carlton Chan mentions the planning problems ahead for field space at Witter.

"We're going to have another meeting to talk about our schedule and what we're doing," said girls' lacrosse coach Carlton lacrosse, the hardest part is going to be scheduling games."

"Opening up other fields could be a possibility for practice space," added Chan, suggesting





Girls' soccer coach Dan Chubbock talks about the importance of retaining his assistant coaching staff for JV teams.

'We'll have to see what options we have to solve that issue. One of the things I really enjoy about coaching high school athletes is getting to work with [JV coach] Marcus Watson and our other staff members," said veteran girls' soccer coach Dan Chubbock.

For soccer's JV teams, this means boys' coach Corey O'Neill and girls' coach Kesy Platt could be without jobs. Nikolai Littleton also doubles as JV and assistant varsity coach.

"Our coaches work together when we can and there's definitely crossover in helping each other out. We have a strong staff and would hate to lose anyone. We will find a way to keep everyone," added Chubbock.

Spencer basketball program has already considered shuffling around stipends in order to assure coaching continuity for freshman coach James Ormond and varsity assistant Shamaree

"We'll meet with administration to make sure everyone is back and we're doing it the right way. We don't want to worry about losing a coaching staff, especially during a time like this," said Spencer.

Each coach described putting together their schedules for the upcoming season. For football and basketball, the North Coast Section has allowed schools to schedule with each other.

"We were going to have a Week 0 against Miramonte, but they are now our third game. We'll open up again against Justin-Siena, Rio Americano in Sacramento Week 2, and have the Matadors at home Week 3," said football coach Jerome Johnson.

Piedmont's annual Week 1

### **PHS Winter Sports** official dates:

Football: Dec. 14 start of practice; Dec. 25-Jan. 2 one eligible scrimmage; Jan. 6 is Week 0 or first eligible game date; Feb. 11 official start of play; March 26-27 NCS Quarterfinals, April 2-3 NCS Semifinals, April 9-10 NCS Championship.

Cross Country: Dec. 14 start of practice; Jan. 27 official start of play; Mar. 20 NCS Championship; Mar. 27 CIF State Championship.

Water Polo: Dec. 14 start of practice; Jan. 20 official start of play; Mar. 3-4 NCS First Round, Mar. 6 NCS Quarterfinals, Mar. 13 NCS Championship.

**Volleyball:** Dec. 14 start of practice; Jan. 20 official start of play; Mar. 3-4 NCS First Round, Mar. 5-6 NCS Quarterfinals, Mar. 12-13 NCS Championship.

### **PHS Spring Sports** official dates:

Soccer: Feb. 22 start of practice; Apr. 4 official start of play; May 18-19 NCS First Round, May 21-22 NCS Quarterfinals, May 25-26 NCS Semifinals, May 28-29 NCS Finals.

**Badminton:** Feb. 22 start of practice; Apr. 4 official start of play; May 22 NCS Championships; May 29 CIF Championships.

Swim: Mar. 8 start of practice; Apr. 14 official start of play; May 28 NCS Trials, May 29 NCS Finals; June 4-5 CIF Championships.

Tennis: Mar. 8 start of practice; Apr. 11 official start of play; May 18-19 NCS Team First Round, May 20-21 NCS TEAM Quarterfinals, May 25-26 NCS Team Semifinals, May 28-29 NCS Team Finals; TBA NCS Singles and Doubles Championships.

Golf: Mar. 15 start of practice; Apr. 19 official start of play; Week of May 31 D2 NCS Qualifier, June 23 CIF Championship.

Basketball: Mar. 15 start of practice; Apr. 21 official start of play; June 1-3 NCS First Round, June 4-5 NCS Quarterfinals, June 8-9 NCS Semifinals, June 11-12 NCS Finals; CIF Norcal/ State Championships June 18-19.

**Lacrosse:** Mar. 15 start of practice; Apr. 21 official start of play; June 1 NCS First Round, June 3 NCS Quarterfinals, June 8 NCS Semifinals, June 10 NCS Finals.

**Baseball:** Mar. 15 start of practice; Apr. 25 official start of play; June 8-9 NCS First Round, June 11-12 NCS Quarterfinals, June 15-16 NCS Semifinals, June 18-19 NCS Finals.

**Softball:** Mar. 15 start of practice; Apr. 25 official start of play; June 8-9 NCS First Round, June 11-12 NCS Quarterfinals, June 15-16 NCS Semifinals, June 18-19 NCS Finals.

**Track:** Mar. 15 start of practice; Apr. 25 official start of play; June 12 NCS Bayshore, June 18-19 NCS Meet of Champions; June 25-26 CIF Championship.

opener against Justin-Siena goes back eight years to 2013. The Highlanders currently lead their series with the Braves, 5-2.

Football gets the privilege of being the first team back to action at Witter Field officially on December 14, so there isn't much concern for splitting time with other teams.

"Although some sports will overlap, we won't have to compete with soccer and lacrosse heavily for field time. It's all going to be worked out; we have a time-slot for Witter Field and will continue working that out," said Johnson.

However, teams like boys' soccer and lacrosse will be at an inherent disadvantage when they are ramping up in March for its April season-openers.

See the list of expected starting times for sports at Piedmont High this schoolyear above.



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### A look back: the 2006 & 2007 PHS softball teams



The 2006 Bay Shore Athletic League championship Piedmont softball team reached the North Coast Section finals.

By Jonathan Comeaux

With the crack of baseball bats and gloves sounding off with the return of Major League Baseball, we go back to two of the most dominant years for the Piedmont High softball program: the 2006 and 2007 teams.

In 2005, Jen Deering led the team to a 16-10 record in her first year at the helm. One year later the team improved to 21-5, with an impressive 17-1 league record to win the Bay Shore Athletic League – the team's first league title at the time.

The team received the No. 1 seed in the Division 2A North Coast Section playoffs, which began a heated run of playoff games. They beat rivals No. 8 Bishop O'Dowd 1-0 in the opening round, and defeated No. 4 Alhambra 2-0 in the semis.

But in the finals, playing No. 7 Albany at Dublin High, they lost 5-4 in a heartbreaking final. With Piedmont leading 3-0 in the bottom of the sixth, the Cougars tied with a 3-run inning, then scored the game-winner in the last inning.

With PHS leading 4-3 in the bottom of the seventh, two outs, and two runners on, a double down the third baseline sealed the



Caroline Goddard's batting average in 2007 was a prodigious

deal for the Cougars.

"Piedmont softball's Cinderella season was shattered on the last play of the last inning of its last game," wrote the Post's Gray Cathrall in 2006.

Pitcher Mina Duffy was named the league Most Valuable Player as a sophomore and was among the key returners in the 2007 team's NCS Finals run, along with leading batter Caroline Goddard, Kara Felson, Sophie Coysh, Joanne Fong, and Katherine Guiney.

The following year in '07, Kristen Morely assumed the role of manager until after the 2010 season. The Highlanders went 21-5 and 14-2 in league, and were runners up to St. Patrick. They fought to the finals after receiving the No. 2 seed in the NCS playoffs, beating No. 10 Las Lomas 6-5 and No. 3 Concord 2-1 in the semis.

Once again, it came down to ending the season battling for the NCS championship, but again they lost, this time 1-0 to No. 1 seeded Heritage at the University of California softball field.

Despite Duffy hurling a magnificent 18-strikeout performance in the finals with just two hits allowed, some bad luck got in their way. Heritage reached base by way of a throwing error in the fifth inning, leading to a bloop-single and game-winning run.

Duffy finished that season



Mina Duffy was Piedmont's leading pitcher. She had 240 strikeouts as a senior.

with a 13-4 overall record, 1.38 ERA and 240 total strikeouts. Goddard, a fellow first-team All-League selection, had a scorching-hot .538 batting average, nine stolen bases, 32 runs scored, and eight RBIs. Both players went on to play four years of softball in college.

In the years to follow, Piedmont went 9-12 in 2008 and struggled in NCS appearances in 2011, 2012, and 2013.

Upon returning to Piedmont, Deering led the team to two more league championships in 2017 and 2018, both with 10-0 records in conference matchups.



The 2006 team celebrates after beating Alhambra in the semifinals.

### College Sports

### Pac-12 players threaten to boycott 2020 season



Photo courtesy of Pintrest.

A reported group of over 100 athletes issued a letter of demands to the Pac-12 Conference or threaten to opt-out of the 2020 season.

By Jonathan Comeaux

Players from schools in the Pac-12 Conference wrote a letter published by The Players' Tribune on Sunday, August 2 that addressed health concerns amidst the global COVID-19 pandemic. The letter criticized its efforts to combat systemic oppression while profiting from African American athletes.

With the strength of social media initiating political activism, the players banded under the hashtag, #WeAreUnited.

"Because NCAA sports exploit college athletes physically, economically and academically, and also disproportionately harm Black college athletes, #WeAreUnited," wrote the players in their statement.

A total of 11 players from different schools within the league signed the letter. However, the group is expected to be much larger. The names include California's Valentino Daltoso, Stanford's Elijah Higgins, USC's Chase Williams, Washington State's Dallas Hobbs, Arizona State's Cody Shear, Oregon State's Jaydon Grant, Oregon's Jevon Holland, Washington's Joe Tryon, Arizona's Malik Hausman, Utah's Nick Ford, and UCLA's Otito Ogbonnia. University of Colorado was the only school not represented.

Sports Illustrated reported that – aside from the representatives in the letter – the group of players is larger than 100, and the discussion began nearby at the University of California within the last two months.

Cal Bears athletes who have been public with their demands include Daltoso, football players Jake Curhan and Joshua Drayden, and cross country runner Andrew Cooper.

"The coronavirus has put a spotlight on a lot of the injustices in college athletics," said Daltoso in the SI article. "The way to effect change and the way to get your voice heard is to affect the bottom line. Our power as players comes from being together. The only way to do this is to do something collectively."

They provided a four-part list of demands for officials to consider.

- Health and Safety: Allow opt-out from playing without losing athletic eligibility or roster spot. Prohibit/void C19 agreements that waive liability. Approve health and safety standards by a third party selected by players.
- **Sport Protection:** Preserve "all existing sports" by reducing salaries of Pac-12 commissioner Larry Scott, school and confer-

ence administration, and coaches. End performance and academic bonuses toward individual salaries. Redirect facility enhancement expenses toward preserving sports.

- End racial injustice in sports: Provide two percent of conference's annual revenue (est. \$407 million in 2019) to low-income Black students, community initiatives, and on-campus programs.
- Economic Freedom and Equity: Provide medical insurance for six-years after college. Allpw the right to earn money off image/likeness from third-parties. Allow six-year scholarships for undergrad/graduates. Offer the ability of athletes to transfer once without punishment. Offer the ability to re-join school if undrafted post-declaration.

The sport protection issue comes in response to Stanford's announced cancellation of 11 sports. The players cite that the Cardinal should reinstate all sports by tapping into their \$27.7 billion endowment.

They demand to allow superstar players to benefit off their image, which has historically led to serious repercussions for schools and players. More importantly, it allows those players who never make the big-leagues medical insurance for their injuries.

Pac-12 commissioner Larry Scott wrote a lengthy article in response to the players' demands, noting that the conference has multiple initiatives that already support issues addressed.

He said that schools provide medical care four years after their eligibility concludes, they already allow former players to use the remainder of their scholarship to complete degrees and require schools to have mental health services available.

Scott also noted that no Pac-12 schools are requiring athletes to sign a liability waiver to begin workouts this offseason.

Although Scott did not mention financial aid to student-athletes of color, he wrote that the Pac-12 announced their series of steps to combat racism on July 1 by creating a head of diversity and inclusion position, forming a social justice and anti-racism advisory board, and forums for student-athlete and coaches.

The players' announcement came on the same day as the Pac-12 released schedules for each team. As of now, all programs are set to get their regular season underway on Saturday, September 26.

Scott plans to meet with the group of students in the coming week

# SUMMER SHOUT SHOUT

Compiled by Jonathan Comeaux

The summer workout series returns for its 13th year. High school athletes as well as current and former college athletes are asked how they stay in shape during the offseason. Aspiring high school and college athletes might gain some insight, as might some armchair quarterbacks. Send us suggestions of athletes you would like to see profiled in the Post this summer. Make sure you give us the person's name, sport, phone number and e-mail address. Send your information to <a href="mailto:news@piedmontpost.org">news@piedmontpost.org</a>.



Matthais Haggerty, PHS Class of 2018, is a member of the Wheaton College baseball team in Illinois. He's working toward a strong junior campaign.

### MATTHAIS HAGGERTY Baseball

Piedmont High Class of 2018 Wheaton College Class of 2022

Matthias Haggerty, Piedmont High Class of 2018, made an instant impact on the Wheaton College baseball team as a freshman in 2019, earning second-team All-Conference honors.

He started all seven games of the 2020 season before the Coronavirus shutdown, carrying a .286 average with a double, two RBIs, and a team-leading seven walks.

His freshman season, Haggerty had a .322 average with nine doubles, one triple, 20 runs scored, and 25 RBIs.

In this article he talks about preparing for a potential big season in 2021 with Wheaton.

What is your workout program this summer?

Lifting four times per week with upper and lower body workouts. I also do two track-style routines every week to work on my explosiveness out of my lower body. Additionally, I throw fourtimes a week with long toss days, pull downs/run and guns, and recovery workout days. I also do a mobility routines three times per week. Finally, I work on my hitting and defensive work sev-

eral times weekly.

What are your fitness goals for the summer?

Gain 10-15 pounds, while getting leaner to increase my speed, strength, and improve my throwing arm from a health, mechanics and velocity perspective. I also want improve my body from a dietary perspective.

How are you measuring your development?

Without access to a full gym, it is difficult to measure lifting, given that I only have access to certain weights. In terms of mobility, speed, throwing and my diet, I've been able to both feel improvement as well as see tangible improvement in those categories.

Are you working on your own? With a coach? A trainer?

I've mostly been working out on my own and trying to research online to find reliable advice and tips. I've also been throwing with former teammate Carson Gerhardy, who pitches at Trinity University in San Antonio. I hit with my hitting coach, Clint Hoover, who I've been hitting with since 6th grade.

What is a recent milestone that you have accomplished?

This summer I reached 180 pounds, which is a nice mile-

stone. I've been bulking for 3-4 years now. I've also reached new personal records in long toss.

What advice would you offer younger, aspiring, student athletes?

Take your diet and rest seriously, along with your training. Diet is important whether you're bulking, cutting or maintaining. Strength and conditioning is definitely very important, but as an athlete you must do sport-specific training, diet implementation, resting well, stretching, and proper recovery.

### RAFAEL STANKIEWICZ Soccer

Piedmont High Class of 2020 Pomona-Pitzer College Class of 2024

Rafael Stankiewicz departs from Piedmont High with three-consecutive All-League

Selections after joining the soccer team as a sophomore. He received an honorable mention in his first season and first-team as a junior and senior.

Stankiewicz has been a big part of the Highlanders' three straight trips to the North Coast Section playoffs, including Piedmont's first league championship in over a decade in 2019 with a 12-5-2 record.

He'll be joining Pomona-Pitzer's soccer program, though its season was already canceled by school officials due to the global pandemic.

What is your workout program this summer?

My program consists of three speed/conditioning sessions, three strength workouts, and six soccer-related sessions per week. Sadly, my college season was cancelled, so I've been using the past couple weeks to take a break from soccer and mentally reset.

What are your fitness goals for this summer?

My main fitness goal for the summer is to add muscle while maintaining my speed. I've also aiming to improve my decision-making skills on the field by watching lots of professional soccer and relating to my own game film.

How are you measuring your development?

I'm measuring my development by timing my sprints, keeping track of the maximum number of push-ups, pull-ups, and chin-ups I can do, and just going by how I feel.

Are you working out on your own? With a coach? A trainer?

Sometimes I'll work out alone and sometimes I'll work out with my younger brother, Andre. I'm lucky that he's just as motivated as I am and loves working out.

What is a recent milestone that you've achieved?

I run hill sprints up Requa and recently got my best time: 14.6 seconds

What advice would you offer younger, aspiring athletes?



Rafael Stankiewicz, a three-year captain on the soccer team, will be playing soccer for Pomona-Pitzer College this year.

My advice is to make sure you're enjoying what you're doing. We play sports for enjoyment and self-betterment, not worrying about external pressures. Try to stay in touch with this feeling, because there's nothing better than being a carefree kid playing the sport you love.

### ANDRE STANKIEWICZ Soccer

Piedmont High Class of 2022

Andre Stankiewicz is a junior at Piedmont High and the younger brother of Rafael, last year's team MVP. The younger Stankiewicz burst onto the scene as a freshman midfielder on the 2018-2019 team that won the Shoreline championship with an undefeated 9-1-0 league record. Last year he earned a second-team All-League selection.

He prepares for a big junior year in the midfield alongside fellow All-League player Connor Curtis.

What is your workout program this summer?

My program consists of bodyweight exercises (pull-ups, pushups, core, etc.) as well as weight lifting. I train 3-4 times weekly, as well as running between days.

What are your fitness goals for the summer?

My fitness goals for this summer are to stay in soccer-shape and maintain my speed and stamina, in addition to getting stronger.

How are you measuring your development?

I am measuring my development through my progress with different exercises on consistent routines.

Are you working on your own? With a coach? A trainer?

Either on my own, with my brother, or with friends. It's comforting having friends push you while working out, but it's also good to train alone and focus.

What is a recent milestone that you have accomplished?

I feel that I am in much better shape than some teammates and am excited to start competing with them again. It feels that the results from my workout schedule and consistent health routines are reflecting onto the field.

What advice would you offer younger, aspiring, student athletes?

Surround yourself with people who work hard and push themselves. For me, that is my brother, who has been a source of motivation my whole life. It is so much easier to push yourself if you are doing it with likeminded individuals.



Andre Stankiewicz embarks on his junior year at Piedmont High. He's a starting midfielder and earned second-team All-League honors last



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### **HIKING WITH JON**

### Lake Chabot's pleasant 9-mile hiking loop

By Jonathan Comeaux

Sitting in the midst of the East Bay is a not-so-secret lake treasured by locals in the know: Lake Chabot.

Trails here vary to the beginning level, while many hikes throughout the park will require some strenuous legwork. It's a popular spot for senior hikers, younger trailgoers, cross country runners, and mountain bikers.

Once again, here are our guidelines for hiking amidst the virus:

Plan your route. Start with researching parking or trail restrictions.

- · Be mindful. Always bring a face cover of some sort.
- The earlier the better. Trails are most trafficked past noon.
- No large groups.

For this week's trip we took the 9-mile loop around the entire lake. We counted nearly 2—other hikers who had the same thing in mind on Monday morning meaning you must not forget to bring and wear your mask.

Using Lake Chabot Regional's parking lot, hikers seeking solitude will have to bear through the first 1.7 miles of paved trail along the eastern side of the lake toward the Live Oak Trail and Honker



Lake Chabot has a nine-mile hike around the shoreline with a stretch of paved and dirt trails.



The view of the tulle marshes on the northeastern side of Lake Chabot.



This sign starts your trek around the lake.



Lake Chabot is a popular fishing destination.



The trail takes you beneath groves of eucalyptus trees.



Follow the "Lake Chabot Hiking Route" signs to stay on the trail.



After a hike up a hill, the reward is a view of a northern cove of Lake Chabot.

Bay Trail, which spans the northern end of Lake Chabot.

The paved portion is mostly level and an easy destination for children and seniors, making the eastern shore an often-ven tured destination. In that mere 1.7 miles, I crossed 72 other hikers.

When the paved trail ends, the people disappear. In a stretch of 6.1 miles, we came upon 56 people along the northern shoreline, so around nine people per mile. That stretch will be the most scenic of your day with groves of eucalyptus, California bay laurels, and oak trees. It includes the most strenuous portion, climbing 890 feet in those six miles.

For 1.1 miles on the Honkey Bay Trail (that's its name) you'll walk along the northeastern portion of the lake that is covered with common tulles. Then, a 300-foot climb in a half mile after merging with the Columbine Trail.

The climb up the hill will reward you with a view of the northern end of Lake Chabot. On a clear afternoon, you can even spot the Sutro Tower on Parnaassus Heights.

After 2.7 miles, the Columbine Trail becomes the Goldenrod and Bass Cove trails, passing more tulles alongside the lake through

pockets of trees and open space. After near two miles, the dirt trail ends and pavement begins on the West Shore Trail and Lake Chabot Dam, meaning your mask will be back on your face until finishing the day: about 1.8 miles back to your car.

If you want to bypass the paved sections and focus on the 6.1-mile dirt trail along the north shore, some offshoot staging areas are available.

To start at the Lake Chabot Dam and Bass Cove Trail, parking is available on Estudillo Ave nue in San Leandro (punch "Lake Chabot, Estudillo Ave" in your GPS device).

For the northeastern side, starting with the tulle covered Honker Bay Trail, the Proctor Staging Area on Redwood Road in Castro Valley.



The view of the lake looking toward the Lake Chabot Dam.

## ARTS & ENTERTAINMENT

### **Center Repertory launches ReACTS** for home viewing

By Allyson Aleksey

In this time of sheltering-in-place, Center Repertory Company has introduced a new view-at-home video series titled "ReACTS.

Artistic Director Michael Butler invites artists who have previously performed on the Center Rep stage at Lesher Performing Arts Center in Walnut Creek, and asks them to revisit a favorite role or send a musical message.

Guests who have been invited in the past include Molly Bell and Keith Pinto from Sweet Charity, Quinn Van Antwerp from The Musical of Musicals, David Lutken and David Finch from Woody Sez, Jeremy Kahn from The Liar, Keiko Shimosato Carreiro from Sisters Matsumoto, Kerri Shawn



**Center Rep Artistic Director** Michael Butler.

from Shirley Valentine, and Monique Hafan Adams from The Diary of Anne Frank.

To view the series, visit <a href="http://">http://</a> www.centerrep.org/reacts.php.

Phil Wong as John in "Free for All".

### Cal Shakes presents #ShelterHereabouts

Phil Wong featured in first episode of series

By Allyson Aleksey

Cal Shakes is presenting a series of micro-commissioned monologues performed by actors throughout the Bay Area. The first episode features Phil Wong, known for his performances last year in California Shakespeare Theater's "Good Person of Szechwan," and Cutting Ball Theater's "Free for All."

Wong chose Trinculo's monologue from The Tempest.

"I'm sure many people right now can identify with poor Trinculo's unfortunate circumstances; being suddenly thrust into an unknown place and making the best of their situation with whatever they have at hand. In a play full of notable quotes and incredibly written lines, I think it's no coincidence that a clown is the one who utters, 'Misery acquaints a man with strange bedfellows,""

He added that Shakespeare

looks to "fools" to provide a deep wisdom that many of the characters in The Tempest are incapable of grasping. Wong chose the monologue and play because it "inadvertently offers us answers to questions that the lofty and involved are too blind to see.'

To watch the monologue, visit <a href="https://www.youtube.com/">https://www.youtube.com/</a> watch?v=4zfLpzgyqfU&list= PLmef2puXnr6cRaXFL58-5JKj3v69lbYl9&index=3&t=2s.

### **ACT unveils "Take 10"** interactive theater games

By Allyson Aleksey

American Conservatory Theatre (A.C.T) is now offering fun, interactive theater games for all ages. Named "Take 10," the series encourages viewers to take 10 minutes of their day to let their imagination soar and practice acting and improvisation skills. The goal of the series is to teach elements of the theatrical process.

The Take 10 series was created and is being curated by Stephanie Wilbourn, A.C.T's Manager of Community Programs.

There are nine episodes in the series, and more will be added throughout quarantine while the company's theater remains closed. Each episode focuses on a different theatrical element, including slam poetry, one-word stories, and improv.



Stephanie Wilbourn in "Game 9: Frozen in Time."

To view the series, visit https://www.youtube.com/playlist?list=PLIUuw3l8PyhVjQ3OxeaxXVd8wSX49wN4Y.

### Shotgun Players to show 2019 production of **Debbie Downers**



Shotgun Players' Kill the Debbie Downers! is an adaptation of Chekhov's 1901 play, Three Sisters.

By Allyson Aleksey

Shotgun Players, a company of artists based in Berkeley, will be making past performances available on their website throughout the current health crisis. This week, patrons can view Kill the Debbie Downers, Kill Them, Kill Them, Kill Them Off, a theatre piece inspired by Anton Chekhov's Three Sisters which he wrote in 1901. Four years later an attempted revolution shook Russia.

"One can already feel that revolution on the horizon in Three Sisters, its rumble of change exciting and unnerving the characters. And yet as in a Beckett play 'they do not move,'" wrote Shotgun in its program notes.

The cast includes Nathaniel Andalis, Gabby Battista, Amanda Farbstein, Sam Jackson, Erin Mei-Ling Stuart, and Billy Raphael. The cast of six switches roles throughout the production.

The play is directed by Mark Jackson and Beth Wilmurt, and

was originally performed in Viewers can watch the full March and April 2019. The video play on Youtube at <a href="https://www.">https://www.</a> has been made available through the Shotgun Players' website for JXSGU&feature=youtu.be. The patrons to enjoy during shelterruntime is approximately 120 in-place regulations. minutes.

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### **Berkeley Rep creates** book club – but for plays

"Rep at Home" now available for viewing and subscription

By Allyson Aleksey

Berkeley Repertory Theatre is offering a free book club for plays designed as table-read conversations. The series will be available via Zoom on Mondays at 6:30 p.m. and 8 p.m. and Tuesdays at 12:00 and 1:30 p.m.

The conversation and Zoom meeting is free, but the plays must be purchased by Berkeley Rep. This helps to provide financial support for independent playwrights at a time when many of their productions have been canceled or postponed.

Invitations to joint he Zoom discussions will go out two weeks in advance of each event.

The series began on April 27 with How to Transcend a Happy Marriage by award-winning

playwright Sarah Ruhl. Since then, 12 plays have been added, and are available to purchase

Last week's discussion was based on the play Intimate Apparel by Lynn Nottage. Her play takes place in 1905 New York City, where Esther, a black seamstress, lives in a boarding house for women and sews intimate apparel for clients who range from wealthy white patrons to prostitutes. Intimate Apparel was the winner of the 2004 New York Drama Critics Circle and the Outer Critics Circle Awards.

Visit <a href="https://www.berkeley-">https://www.berkeley-</a> rep.org/whatsinaplay/index.asp for more information, and to subscribe for upcoming "play



Maestro Michael Morgan and Oakland Symphony in a performance of Anton Bruckner's Te Deum.

### Oakland Symphony rePAST concert features Bruckner's Te Deum

By Allyson Aleksey

Oakland Symphony continues offering weekly archival concerts featuring past performances, being shown every Friday at 6 p.m.

This week's performance is Anton Bruckner's *Te Deum*,

originally premiered by the symphony on March 31, 2017 at the Paramount Theatre.

The soloists are Hope Briggs (soprano), Betany Coffland (mez-zo-soprano), Amitai Pati (tenor), Anthony Reed (bass), with the Symphony chorus directed by Lynne Morrow.

In his introduction of the work, Oakland Symphony Music Director Michael Morgan said, "Bruckner was an organist and devoted church musician, and *Te Deum* is from the incipit 'Te Deum laudamus,' which can be translated 'Thee, O God, we praise.'

"It is in five sections, performed without pause and features vocal soloists (led by a radiant Hope Briggs) and our Oakland Symphony Chorus, which is led by Dr. Lynne Morrow. On this occasion, our chorus is joined by the chorus of St. Mary's College, with whom we

were very happy to collaborate. The Oakland Symphony Chorus is an essential part of our Oakland Symphony family and we're proud to present them in Bruckner's *Te Deum*."

You can listen to this week's concert online at <a href="https://www.oaklandsymphony.org/repast/">https://www.oaklandsymphony.org/repast/</a>.

### **SF Symphony Currents online concerts continue**

2nd summer concert features jazz musicians Jason Hainsworth, Tammy Hall

By Allyson Aleksey

The San Francisco Symphony has launched its summer 2020 digital programming, to include "CURRENTS": a four-part series curated and hosted by Oakland Symphony Maestro Michael Morgan in collaboration with San Francisco Symphony musicians and guest artists from the Bay Area.

The Currents video series and companion podcast series explores the intersections between classical music and Chinese, Jazz, Mexican, and Hip Hop musical cultures.

The four-part series is released every two weeks, and will explore music with four different cultures, illuminating the connections and ways that cultures influence each other and evolve together.

The second episode, Bay Area Blue Notes, will be released this week. The episode will feature saxophonist Jason Hainsworth and pianist Tammy Hall.

Episode three, Viva Mexico!, will stream next week, and will feature Los Cenzontles (guitar, vocals, percussion).

"I am thrilled to be helping the San Francisco Symphony share all the wonderful things they do with a wider and more diverse audience. Within the



Saxophonist Jason Hainsworth will be featured in the next online concert produced by San Francisco Symphony as part of its summer series.

symphony we have musicians with almost every musical interest. We just want to share our broad interests with our audience, old and new," said Morgan with the announcement of the summer program.

The episode will be released in conjunction with a podcast series, which aims to further elaborate on and personalize the conversations and themes introduced to its accompanying video episodes. Released the week following each video episode, the four audio episodes provide additional opportunities to tie in current events, personal stories and perspectives.

Both series prompt performances and candid, personal reflections by members of the San Francisco Symphony. The podcast is hosted and curated by conductor Daniel Bartholomew-Poyser, who will announce and explain the interactive activities at the end of each video.

"We don't want you just to listen. We want you to engage and respond to what you're hearing in our Currents series," he said.

Learn more by visiting sfsymphony.org/currents.

### Opera San Jose goes dark for 2020 season

All scheduled events to resume in Spring 2021

By Allyson Aleksey

Opera San Jose has announced that it is postponing the rest of its 2020 season due to COVID-19 and the associated health risks. Performances planned for the fall season will now be scheduled to re-launch in the spring of 2021.

Some changes will be made to the 2021 season as well. Starting next spring, evening performances will start at 7:30 p.m., and matinees at 2 p.m. There will be an option for patrons to build their own subscription and enjoy up to 45 percent off single tickets. Subscribers will have access to priority seating, addi-

tional insider events and pre-sale tickets.

"Despite this unexpected circumstance, please know that we are committed to bringing these same vibrant productions that we announced in January to our stage as soon as safety permits," said General Director Khori Dastoor.

"We so appreciate your continued support and patience while we work to secure new dates, and safely reopen our doors. In the months ahead, Opera San José will be working diligently to bring the thrilling, passionate, sweeping productions that our Bay Area community has come to know and love," she added.





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### **MOVIES FOR ADULTS**

### The Book of Eli a view of post-apocalyptic world



Denzel Washington & Gary Oldman star in The Book of Eli.

Movie review by Chris Honoré

What's always compelling about post-apocalyptic films is the freedom writers have to take the remnants of civilization and construct their own particular view of how the world might be found

Often they tap into that latent feeling that if the constraints and demands of modern society, along with the intrusive overlay of technology, were swept away, along with most people (say a worldwide pandemic), leaving everything else intact, then life for those who survive, while desperately lonely, might just be a magnificent shopping spree.

The supplies and equipment and clothing and cars are endless and should last several generations. OK, no hospitals, likely no doctors, but lots of drug stores, hardware stores and Safeways. This particular vision is closer to utopian than not, and such scenarios have an almost '60s texture. Those left behind return to their roots, find fulfillment in a simpler, agrarian life, establish embracing communities, band together to confront those who don't share their values.

A fine example of this narrative is *The Postman*, one of the better post-apocalyptic films to come out of the '90s (there was also the interminable *Waterworld*), followed later by *I am Legend*.

And then there is the vision of a world that is far more dystopian. In these films the environment is all but stripped of foliage, the forests gray-brown stumps, the sky raining ash and a perpetual gray mist. All is barren, as are the souls of men. This is the vision of the recently released film, The Road, now followed by *The Book of Eli*.

Both films have at their center survivors of an unnamed worldwide rupture, origins unknown.

In *The Book of Eli*, a solitary man (Denzel Washington) is walking west. It proves to be a harrowing journey. The patina of restraint, of law and order, has been supplanted by a simmering, lethal violence. Predators are everywhere, cannibalism common, the strong victimizing the

weak.

With its desolate, sepia tones, The Book of Eli is an engaging film (shot with a state-of-the-art digital camera called the Red). Briefly, Eli (Denzel Washington), on his way to the Pacific Ocean, arrives at a bleak-looking town where, he discovers, they have water, the hard currency of this brave new world. A ruthless leader, Carnegie (Gary Oldman), surrounded by a brigade of thugs, is looking for a particular book, believing that it will give him the words to expand his dictatorial powers well beyond his small fiefdom. He is convinced that Eli, who has disclosed that he reads a book every day, might have the last remaining copy.

There are moments of stylized violence that never feel gratuitous and certainly add to the mystery of this singular man called Eli. Who is he? And how has he survived some 30 years of wandering through the detritus of a ruined civilization, a man with a mission that transcends simply heading west, a mission from which he will not be deterred. There is a religious overlay to the narrative, but the film never feels preachy. And there is a wonderful, unexpeted twist at the end of the film.

Post-apocalyptic films have the potential to be far more interesting than looming, catastrophic disaster films – examples being *The Day After Tomorrow* and the more recent 2012. Post films can dwell on the fragility of civilization. They can make the point that without civility, a modicum of harmony and order and restraint, society can quickly devolve into chaos, framed by an endless desolation.

In these films, human nature can be examined in its most brutal and its most heroic form. Such possibilities are what make this genre so potentially powerful and certainly entertaining.

The Book of Eli. Starring Denzel Washington, Gary Oldman, Mila Kunis, Jennifer Beals, Tom Waits and Ray Stevenson. Directed by the Huges Brothers. Rated R.

Originally printed in the Post on January 20, 2010.

### The Cove – Academy Award winner for Best Documentary



A still from the documentary film The Cove.

Movie review by Chris Honoré

Do not be misled by the benign sounding name of this remarkable eco-documentary film. *The Cove* will take your breath away. Winner of the Academy Award for Best Documentary Film in 2009, it opens with a wide angle shot of Taiji, a small, bucolic village on the coast of Japan. It's charming, white houses, red tile roofs, gentle hillsides falling away to the ocean. Paintings and statues of dolphins are ubiquitous, celebrating this lovely, sleek, intelligent animal are everywhere.

But, as the film soon discloses, the audience is about to journey down the rabbit hole. For all that appears welcoming and benign, Taiji is, indeed, something else. Beneath the patina of this quaint fishing village is an industry that is all but incomprehensible.

Each September the fishermen of Taiji round up thousands of dolphins and herd them into the mouth of a cove where they are trapped by heavy nets. International representatives of seaquariums soon arrive to make selections for their marine parks and swim-with-the-dolphins programs. Each dolphin sells for \$150,000 and is fated to spend the rest of its life in captivity, performing for the amusement of crowds around the world.

The Flipper industry, however, is but the opening salvo in *The Cove*. What comes next in this taut film must be seen to be believed. Describing it here does not diminish its impact or meaning.

It is soon evident that of the 20,000 dolphins rounded up, only a very few will be sold. The rest are moved into a second cove where men, standing on flat bottomed boats, systematically slaughter them, impaling each dolphin using long metal tipped poles.

The problem the filmmakers had was how to get the footage needed to graphically reveal the carnage taking place in the cove. Led by director and National Geographic photographer Louie Psihoyos, the filmmakers devised a means to shoot the killing field undetected, since the cove is shielded behind high fences and concertina wire and trespassers are subject to immediate arrest.

How Psihoyos and his team of deep divers and techies manage to penetrate the cove's tight security takes the film into the realm of a genuine thriller. The footage they capture is harrowing and irrefutable, despite the denials of the Japanese government, the local police, and the fishermen of

Taiji, all co-conspirators in the killing of some 23,000 dolphins each September.

The rationale offered up by the local fishermen for the slaughter of the remaining dolphins is that they will be butchered and the meat sold to the Japanese public (often labeled as high priced whale meat) and used in school children's lunch programs. But as the film makes clear, this is an act of stunning avarice.

It is known that the meat of dolphins is contaminated with extremely high levels of mercury presenting a health risk to

The Atlantic bluefin tuna is but one example. Driven by insatiable markets for sushi and an unrestrained desire for maximum profits, research scientists estimate that in three years this enormous fish, some weighing more than half a ton and capable of swimming faster than a sports car, will be gone due to the unrestrained taking of spawning tuna by massive Mediterranean fleets in the Straits of Gibralter.

According to a current study, published in the journal of Science, if current fishing trends continue, in 50 years there will

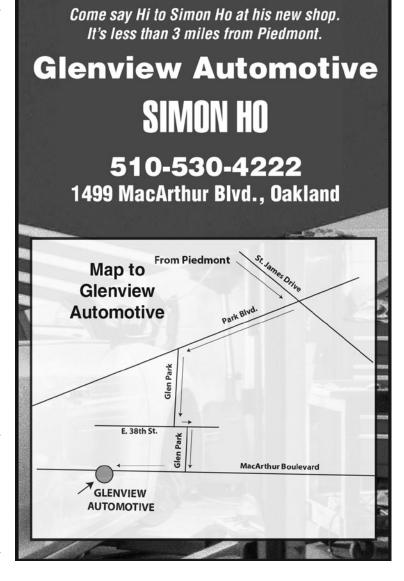
be nothing left to fish. Stocks are collapsing at an accelerating rate, as is the loss of marine biodiversity.

Steve Palumbi, of Stanford University, predicts that unless fundamental changes take place in our relationship to the oceans and its ecosystems, "this century will be the last century of wild sea food."

The film does indict the International Whaling Commission (IWC) for its unwillingness to act boldly and courageously when it comes to the harvesting of whales and dolphins. Though dolphins and porpoises are part of the Cetaceus order, which includes whales, they are not protected by the IWC and so that body, though informed of the annual kills in Taiji, has chosen not to act.

At a recent IWC meeting, the Japanese argued that since some species of fish are disappearing, more whales should be taken for they are contributing to the decline.

The Cove. Documentary. Directed by Louis Psihoyos. Produced by Fisher Stevens, Paula DuPré Pesmen, and James H. Clark.



### **MOVIES FOR KIDS**

# Captain Marvel is now a woman, and the kids will love the newest film



Brie Larsen stars as Captain Marvel in the latest superhero movie.

Movie review by Chris Honoré

Before discussing the latest entry to the Marvel Comics Universe (MCU), I pause to make full disclosure. When I was a kid my favorite superhero was, indeed, Captain Marvel. Only then, as drawn and written in Marvel comics, the Captain was a guy. He had the physique of Superman with an orange cape, matching tights with a lightning bolt across the center of his chest.

Very cool.
Like Batman and Superman, he possessed superhuman abilities. I recall that my mom sewed me an orange cape with silver piping at the edges. It fit perfectly on my shoulders, and with some flare. When I ran out of the house with that cape on, she was certain I was heading for the garage roof to give it a try and take it for a spin around the neighborhood.

That was, of course, then, and this is definitely now. This new incarnation of Captain Marvel is a woman, equally awesome – albeit without that signature cape – but decked out to be sure in some pretty nifty tights. So, seeing this recently released *Captain Marvel* was a must

Superhero? Superheroine? No worries. The Marvel Comics Universe is inclusive. It's the whole package. No suspension of disbelief necessary.

The buzz was that the first film would be an origin story, and surely would be a franchise. Truth is, I have always favored the origin tales of any superhero. None has done it better than an installment of Superman in which Diane Lane and Kevin Costner as Clark Kent's parents, find the little guy in a capsule in a cornfield. So good: young Clark Kent, a kid, going to school, pushed around by bullies, and counseled by his folks to keep his powers a secret and exercise restraint.

Unfortunately, the origin story for Captain Marvel has to ignore such early grand moments in which our superhero absorbs punishment from the mean kids on the playground. Carol, as it turns out, only acquired her powers much later. So, as she was growing up playing baseball, riding a bike and dealing with the taunting of boys, all she could call upon were her powers of tenacity and courage

This is revealed through flashbacks in the film – bits of memory that come to her at odd times.

Actually, the movie begins with Carol, also known as Ver, as a soldier on Kree, about to take part in a mission to rescue a fellow soldier being held by the Skrulls. One thing leads to another and Ver finds herself spinning toward planet C-53, known to us as earth. She free falls through the roof of a Blockbuster video store, landing among rows of boxed tapes.

Apparently this is the 1990s, back when there were Block-buster stores on lots of corners.

Unbeknownst to Ver, a number of Skrulls have followed her to earth and are in the hunt for her. Enter Nick Fury (Samuel L. Jackson) as a S.H.I.E.L.D. cop, called to investigate the store break-in (or was it a drop-in), so to speak. She's a stranger in a strange land.

His role provides some nice contrasting comic relief.

If the film has a weakness, it's in the writing. It's all pretty generic. Brie Larsen gives the script her best effort as an empowered woman who discovers that her powers are more than extraordinary. Given the stories of Superman and Batman,

this new Captain Marvel film is good, but not great.

But this is from an adult point of view. As for kids – girls and boys, tweens and teens – this film will entertain. And as for this new Captain Marvel – she will certainly appear in the coming *Avengers: End Game*.

Captain Marvel. Directed by Anna Boden and Ryan Fleck. Starring Brie Larsen, Samuel L. Jackson and Lashana Lynch. 2 hrs., 8 min. Rated PG-13. Originally printed in the Post on March 13, 2019.



A scene from Studio Ghibli's Spirited Away

### Studio Ghibli's animated films now streaming on HBO Max

Review by Chris Honoré

Taking on the 21 brilliant animated features from Studio Ghibli can seem overwhelming, so the Post will offer weekly suggestions to carry you and your kids through the summer and fall months.

Spirited Away is the most logical starting point for the range of work in the Ghibli film library. It is an iconic and wonderful introduction to the extraordinary work of Hayao Miyazaki. It won an Oscar for Best Animated Feature film and proved to be Japan's highest grossing film.

Often thought of as a surreal Alice in Wonderland or Wizard of Oz story, it tells a story about a little girl, 10-year-old Chihiro (Daveigh Chase). We first see her sitting in the back of her parents' car, grumbling loudly about having to move to a new neighborhood and leaving behind her friends and school.

Taking a shortcut through the woods, the family arrives at an abandoned theme park where her hungry parents chow down on a restaurant buffet and abruptly are transformed into pigs. It becomes Chihiro's quest to free her parents from this enchanting porcine spell.

It's at this point that the film morphs into a dream-like spirit world in which she finds herself apprenticed to a large headed sorceress. Yubba (Suzanne Pleschette) living in a bathhouse. She is also helped by a boy named Haku (James Marsden) who explains to her the rules of survival in this unexpected and fantastical reality.

The story all but levitates into a dream-like place with shape shifting realism, featuring a magical boilerman, Kamajii (David Ogden Stiers), who is half-man, half-octopus.

In terms of plot, the film does its own shape shifting as Chihiro evolves from a cranky, spoiled little girl into someone who learns the value of determination, courtesy, and even possessing an endearing pluck.

All of the above floats along

on a brilliant, hand drawn collage of vivid animation and a carnival of energy. Consider this Japanese fable, this poignant parable, a metaphor for the fear Chihiro feels when facing a new environment. She becomes a far different girl

Spirited Away is a wonderfully imagined, award-winning film from the gifted mind of Miyazaki, the master of storytelling through animation.

Spirit Away (2001). Written and Directed by Hayao Miyazaki. English voices by Suzanne Pleshette, Daveigh Chase and David Ogden Stiers. 2 hrs., 4 min. Animated. Rated PG.



sorceress, Yubba (Suzanne A scene from Studio Ghibli's Spirited Away



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### The great enigma

By Joseph Gold

Schubert's "Unfinished" Symphony is one of the great enigmas of classical music. We know when Schubert began the composition. We know that he completed two movements and sketched the third.

We also know that Schubert gave the score to a friend and it disappeared for a very long time.

We also know that Schubert's unfinished symphony is one of the most popular classical pieces ever written. Audiences love to hear it as much as musicians enjoy performing it. The opening theme was given words (albeit ridiculous words) by an early music educator. Music research needs Sherlock Holmes to answer the unanswered question.

Maybe my readers can become the personification of Sherlock

Schubert begins his symphony with a primordial theme rising out of the depths of the orchestra. The violins continue the mystery as the first movement opens up as only Schubert can envision it. The first movement moves in a three-beat rhythm.

The second movement is a slow contrast to the subdued turmoil of the first movement. Curiously the second movement also moves in a three-beat rhythm.

Classical form dictates that the next movement must be a minuet which would also move in a three-beat rhythm, and now you see the problem. He started the third movement also in a threebeat rhythm and abruptly abandoned the entire project.

Why?

Some musicologists say Schubert was just forgetful. Some say he went on to other projects. Some think he gave the score to his good friend - who kept it.

A number of musicological composers have tried to complete the unfinished Symphony. They have been universally unsuccessful.

Have you formed any opinions vet? I think Schubert realized that he had nowhere to go with the composition. The two completed movements were sufficient, and nothing else was needed – not then, and not now. Listen to any

one of the good recordings and see if you derive complete musical and emotional satisfaction.

#### And now for some food...

The other day I enjoyed an alfresco lunch with two friends. One of them placed a very expensive box of cigars on the table. The cigars were brought in from Cuba under the guise of diplomacy. They are known as "sticks" in local Cuban jargon. Each one has a market value of \$100, making the entire box worth \$2000.

The curious thing is that not one of the three of us smoke cigars. The other man brought four bottles of wine for us to enjoy. Two were high-end commercial wines. I enjoyed these two with my Dagwood sandwich. Surely there is comedy in this scene. But the real surprise was in the two other bottles. They were ever-so-smooth and had a chocolatey finish. I kept thinking of that line so famous to many of

He saved the best wine, the one he (lower case "h") made, for last.

The vintner commented that one of his associates insists on speaking politics incessantly. My mother told me the best policy is to say, "let's avoid talking about religion or politics". However, here we are as the political scene is about to begin.

There will be those "so-called debates" by the presidential principals. I happened to find the first debate from the 1960 presidential election on YouTube. What a revelation it was. Sen. John F. Kennedy and Vice President Richard Nixon maintained a professional and even friendly discussion. The questions were asked by noted political commentators. The moderator had obviously studied Socrates. There were no rabbit punches and no hitting below the

Some of the subjects were things that continue to bother us 60 years later. To name three, Russia, China and the economy. How gratifying it was to see the brilliant discussion of 60 years ago and then to contemplate the depths to which we have sunk intellectually.



Pictured is an easy summertime meal. Dust some salmon fillets with salt and lemon-pepper. Dot both sides with butter, place on a cast-iron skillet and bake nine minutes at 400°. Serve with a tomato salad, boiled new potatoes and a dessert of mandarin oranges. What could be easier and more festive?

### **Community Women's Orchestra** soirée this Sunday

Benefit Concert and auction will be online this year

The Community Women's Orchestra annual Soirée, titled Grand Pause in this year of a pandemic, will be held this Sunday, August 9, at 3 p.m. and will be streamed live on YouTube and Facebook.

The Community Women's Orchestra (CWO) has been a part of the East Bay's cultural life for over 35 years. It was founded as a community orchestra in 1985 and has grown to include over 60 musicians. It is the *only* all-woman orchestra in California.

CWO, a non-profit, is passionately committed to engage, inspire, and celebrate women in classical music. Our efforts would not be successful without the help of our donors.

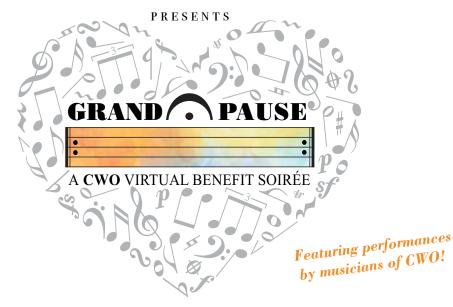
CWO's fundraising efforts provide critical operating support to present our season of concerts and education and community engagement activities. Without support from individuals, foundations, companies, and government, our season would not be possible.

For more information, see the CWO website at: https://www. communitywomensorchestra. org/.



The Community Women's Orchestra, with more than 60 musicians, will host its annual Soiree and fundraiser this Sunday, August 9 at 3 p.m.

### COMMUNITY WOMEN'S ORCHESTRA



Sunday, August 9, 2020 at 3:00 - 5:00 pm

On Facebook Live and YouTube

https://www.communitywomensorchestra.org/

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Contact us: info@communitywomensorchestra.org

Suggested donation of \$20. No one is turned away due to lack of funds!

Every dollar advances our mission to engage, inspire, and celebrate women in classical music.

### ADVERTISE IN *THE POST*

### SF Ballet: *Dance of Dreams* premiere August 13



A scene from the film Dance of Dreams.

By Allyson Aleksey

San Francisco Ballet will premiere a film, *Dance of Dreams*, on August 13 at 12 p.m.

The new dance film, directed by Benjamin Millepied, and featuring San Francisco Ballet dancers performing choreography by Justin Peck, Dwight Rhoden, Janie Taylor, and Christopher Wheeldon, will be available to the public on the ballet company's live-stream "SF Ballet @ Home," YouTube, Facebook, and IGTV.

Commissioned by SF Ballet Artistic Director Helgi Tomasson and filmed in iconic San Francisco locations including the Palace of Fine Arts and the Golden Gate National Recreation Area, the new six-minute film is set to "Scène d'Amour" by Bernard Hermann from the film Vertigo. SF Ballet Orchestra Music Director Martin West mixed and

mastered the recording, which incorporates more than 150 tracks recorded remotely by more than 60 musicians from the Orchestra.

Social distancing rules were observed during the filming process, and the pas de deux are danced by dancers who have been sheltered in place together.

You can read more about the project, and watch the trailer, at <a href="https://www.sfballet.org/sf-ballet-home/">https://www.sfballet.org/sf-ballet-home/</a>.

# Aurora Theatre hosts discussion with Masterpiece Theatre producer

Weekly series of interviews on Fridays at 4 p.m.

By Allyson Aleksey

"Aurora Connects" is Aurora Theatre Company's weekly live broadcast, described as an online salon and virtual happy hour. A broadcast will go live every Friday afternoon at 4 p.m. on the theatre company's YouTube channel.

Last week, Aurora Theatre Artistic Director Josh Costello and Associate Artistic Director Dawn Williams hosted the 18th episode of the series, which featured guest speaker Susanna Simpson of Masterpiece Theatre.

Simpson is a two-time Academy Award nominee and two-time Emmy winner for her documentary and dramatic films for television and theaters. Since joining Masterpiece in 2007, Simpson has been responsible for such programs as Sherlock, Wolf Hall, and Victoria, and oversaw all aspects of the U.S. broadcast of the hit series Downtown Abbey, the most watched drama in PBS history and recipient of 59 Emmy nominations and 12 wins.

Simpson is also the Executive Producer of Masterpiece Studio, a podcast with more than 14 million downloads since 2016. Simpson created the Masterpiece Trust, a fund to ensure the future of the series. Prior to Masterpiece, she was a Senior



Masterpiece Theatre producer Susanne Simpson

Producer for the science series NOVA, responsible for the content development, financing, and production of new programming, and was the executive producer of IMAX productions such as the award-winning Shackleton's Antarctic Adventure and Special Effects with George Lucas's company, Industrial Light & Magic. Simpson is a member of the Academy of Motion Picture Arts & Sciences, Academy of Television Arts & Sciences, and the Writers Guild.

To watch the recorded live-stream visit <a href="https://www.youtube.com/watch?v=1So7FsHUKYQ">https://www.youtube.com/watch?v=1So7FsHUKYQ</a>.

### Downtown Berkeley summer online arts festival

Major music, theater organizations on view Aug. 13–Sept. 24



By Allyson Aleksey

The Downtown Berkeley Association (DBA), along with seven prominent arts organizations located in Downtown Berkeley, will present the first ever Downtown Berkeley Summer Online Arts Festival. Episodes will stream virtually from August 13 through September 24.

This festival will be delivered in seven episodes, each one-hour in length, representing each of the seven arts organization in the festival. Every Thursday at 1 p.m., a new hour-long episode will go live featuring a mix of live and prerecorded musicians and performers.

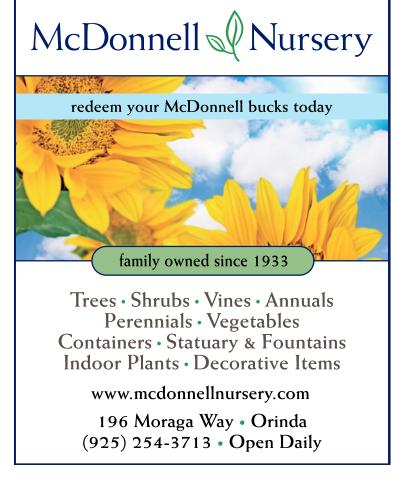
The organizations featured include: East Bay Media Center, Berkeley Symphony, The Back Room, Freight & Salvage, The UC Theatre, Berkeley Rep, and Cornerstone.

The first two events are:

- August 13 at 1 p.m.: East Bay Media presents "Can You Hear Me?", an original 16mm color film from 1974. Directed by Allen Willis
- August 20 at 1 p.m., Berkeley Symphony: Enjoy a flashback to Joseph Young's awesome debut concert as Berkeley Symphony's new conductor as he rocks Beethoven's 5th Symphony

For more information, visit <a href="http://www.downtownberkeley.com/summer2020">http://www.downtownberkeley.com/summer2020</a> arts fest/.





### **FEATURES**

### A Life by Design By Laura Martin Bovard

### A return to what is genuine

By Laura Martin Bovard

In the mission statement for my firm, LMB Interiors, I talk about how we seek clients who share our appreciation for what is real, true, and genuine.

Over the years, I have continued to beat this steady drum based upon my conviction that quality is paramount to an authentic, welcoming home.

From fresh flowers (not fake),

to choosing handmade and artisanal furnishings, *objets*, and artwork instead of mass-produced. These things matter. They affect us on a cellular level. If you doubt this, the next time you walk into a room that makes you feel really good, see if the items there are made by artists and craftsmen or by machines. We can feel it when we walk into a space that has been decorated in alignment with quality.

Photos by LMB Interiors

An elegant, handmade Refectory table, from Alfonso Marina via Hewn SF.

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In this strange, transitional time, as sheltering close to home continues, I am hearing this more and more, from friends and clients. I am also experiencing it on an even deeper level; we are noticing the effects of being around things that are less than quality.

Additionally, we are noticing how clutter, another way that we may engage with objects at a lower vibration, drags our energy down

Things have impact, energetically on our wellbeing. So why not choose the things that have a higher level of quality?

This is why the interior design industry is experiencing a surge right now. People are feeling this phenomenon. We can't avoid the way our spaces feel, and the natural response is to make a change.

In light of this universal human impulse towards growth, many people are reaching out to us during this time – past and new clients – to help. Interior design and the building industry are both experiencing a welcome influx of work.

Our firm has been extraordinarily busy lately, and for this we are grateful. We recently completed a project which we are pleased to feature in our portfolio. (https://www.lmbinteriors.com/residential/)

The home pictured in this article is another historically-significant Mediterranean, one of our favorite architectural styles to work with. California Mediterraneans lend themselves to enlivening and modern updates, as long as the timelessness of the elegant, welcoming, and impressive structure of the original home is honored and respected.

And without question, a home like that, with such incredible bones, deserves high-quality furnishings and finishes. Anything less would feel jarring.

Another Mediterranean whole-house design that we recently completed and added to our portfolio features a particularly stunning handcrafted refectory table (from Alfonso Marina via Hewn SF).

For this piece, we all had to tap into a reservoir of patience. A piece like this does not just



Photos by LMB Interiors

A long view showing how the table interacts with the hallway, leading the eye to a formal living room.

arrive via next-day air. This is quality and it shows the hand of the maker. It is a piece that has presence and without question, transforms the hallway in which it is now situated. Furnishings like this turn spaces that might have been ignored into stunning moments.

Beauty like this is spiritual. It invites us to pause and reflect. To experience awe. To sigh. You can't rush beauty. It unfolds. Like a flower.

I wonder what it will be like when we are through this pandemic. Will we rush back to our old ways, and scramble to "recover"? Or will this slower time become a touchstone, reminding us to breathe and allowing ourselves to heal from our addiction to immediacy and

I hope so. Creativity flows in

through the quiet windows, in the

pondering hours.

It seems odd to mention, because who knows how we will celebrate the holidays this coming winter. But the truth is, if you have any thoughts about having your home transformed in time for the holidays, now is the time to start. Please get in touch with us, or another designer of choice, soon.

Laura Martin Bovard is the principal at LMB Interiors, located in downtown Oakland. Since 2002 she has helped clients create beautiful, joyful, and functional homes. Her approach to work and life has earned her firm numerous awards and recognition as one of the Bay Area's best and most sought after interior design agencies. For information see laura@lmbinteriors.com.



Photo by Brandon Caffre

Custom-built sofas and coffee tables from local artisans. We take our clients to the showroom so they can sit on the sofas, choose the right size and fit, and we direct the fill level of cushions to suit their preferences.





Photos by Deborah Quok

Five-Spice Rubbed Chicken with Fresh Plum Sauce

### **Five-Spice Rubbed Chicken** with Fresh Plum Sauce

By Deborah Quok

After five months into the shelter-in-place pandemic kitchen, I am missing the variety of meal options we usually enjoy. I particularly miss shopping for foods, fresh and prepared, from the diverse variety of global foods readily available in the Bay Area.

A recent craving for Chinese roast duck with plum sauce is the inspiration for this recipe. Inspired sure, but also challenged. Fortunately, my neighbors had a bounty of red plums on their tree in the backyard, so the stars aligned, and I got cracking.

Five-Spice is the distinctive Chinese blend of cinnamon, cloves, fennel, star anise and Szechwan peppercorns. Recipes do vary, and it is widely available at most grocery stores – already blended. You can always make your own blend to suit your taste buds

Speaking of suiting your taste buds, there is plenty of opportu-

nity to adjust the proportions of spices in the dry rub. Go with what you like, and augment with single spices if that's your fancy.

Similarly, with the fresh plum sauce, it's a forgiving mixture, and there's no end to how you can adjust it. Even switching out the plums for other stone fruit, or melon, mango or pineapple – well, you get the idea.

This sauce will be delicious on pork, fish and extra-firm tofu too.

### Five-Spice Rubbed Chicken with Fresh Plum Sauce

Makes about 4 servings

### **INGREDIENTS**

- 1 to 1-1/2 pounds boneless chicken thighs
- Five-Spice Dry Rub
  - 1/2 teaspoon powdered ginger
  - 1/2 teaspoon granulated garlic
  - 1/4 teaspoon 5-spice blend
    1/4 teaspoon ground white
  - pepper

• 1/4 teaspoon sea salt

### Fresh Plum Sauce

- 1 cup fresh plums, diced in 1/4-inch pieces. takes 4 - 5 plums depending on their size
- 1 tablespoon red onion, minced
- 1 tablespoon mild fresh pepper such as bell or Cubano, chopped
- 1 tablespoon fresh cilantro, chopped
- 1 teaspoon fresh ginger root, minced
- Spicy pepper such as serrano or jalapeno, minced, to taste
- 1 tablespoon rice wine vinegar
- 1/4 teaspoon sea salt, to taste



Locally grown fresh plums are perfect for this recipe.

### INSTRUCTIONS

Combine the dry rub ingredients together in a small bowl. Sprinkle the rub evenly over all sides of the chicken pieces. Set aside in the refrigerator whilst you prepare the plum sauce.

Combine the fresh plum sauce ingredients in a medium bowl. Stir gently and taste to adjust for seasoning. Set aside in the refrigerator until ready to serve.

Prepare the chicken to cook on the barbeque or broil. If barbequing, I often heat the full barbeque but grill chicken over indirect heat/coals. There's plenty of heat in the grill to brown the chicken without over charring it. You want to taste the plum sauce in the finished dish rather than a heavy barbeque char.

If broiling, place the chicken pieces bottom-side facing up and place about six inches from the heat source. Broil for 10 minutes, then carefully remove the broiling pan and turn the pieces over topside facing up and return to broil until done, about 7 – 12 minutes depending on the thickness of the chicken pieces, closeness to the heat source, and the strength of your broiler's heat.

To serve: Slice the chicken pieces across the grain and spoon the fresh plum sauce atop. Serve extra plum sauce alongside.

For more information and to suggest a food to be reviewed, see the blog of Piedmont resident and cook Deborah Quok: <u>PiedmontPantry.com</u>.

READ IT IN THE POST

### Dear Abby

A pet column compiled by Piedmont pets



### How to keep canines cool in the heat

By Abby, a Bernese Mountain Dog

Dear Abby:

On these hot days, Oreo seems to get overheated very easily but loves his walks. What should we do?

-Amelia and Oreo

#### Dear Amelia and Oreo:

There are a few things that you can try.

- 1. Try to take shadier routes on your walks. There's a walk behind Montclair Village (which starts by the "old" McCaulou's Store parking lot) that is very shady and also flat. It runs for a few miles and there are no cars to contend with, only the occasional bike rider. Many routes in Piedmont Park are also shady, but hilly too. Also there's Bushy Del Creek, which is my version of a swimming pool but my mom's version of a mess.
- 2. Get up a wee bit earlier when the sun is not quite as bright, or go out later in the day when the sun is waning and Oreo won't heat up the same way.
- 3. Buy a doggy neck scarf that can be kept in the freezer that you can wrap around Oreo's neck during the walk, or just carry the scarf and rub it over his neck and head for a quick cool-down when the panting starts.
- 4. Carry a thermos of cold water and stop for water breaks before Oreo seems to need it. If that's not enough, you can simply

drip some water across his back to soothe the heat.

We all get dehydrated, so stopping for water is always a good idea for humans and canines.

The Dog Days of summer are definitely here,

-Abby

Dear Abby:

I keep hearing random stories about animals contracting Coronavirus. Is there any truth in this or are the animals simply sick with something else and people just think it's COVID-19?

Baffled,

-Armando and Aubrey the Chihuahua

### Dear Armando and Aubrey:

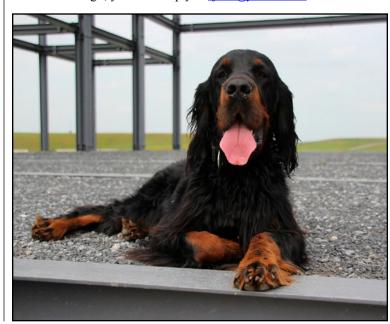
The CDC says that a small number of pet cats and dogs have been reported to be infected with the virus in several countries, including the United States. Most of these pets became sick after they came into contact with people who had COVID-19. I believe all of them recovered.

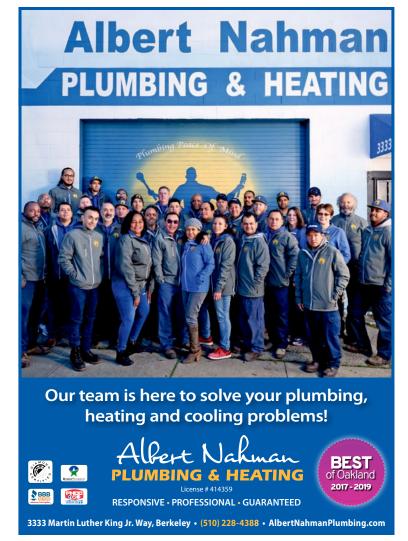
However it appears there aren't cases of domesticated animals infecting their owners or others with the virus, so for now it's the humans infecting the canines.

Pawsitive paws,

-Abby

E-mail your comments, ideas and dog thoughts on any pet topic to Melanie Johnston and Ellen Stem at MSJ312@aol.com or fifiafoot@yahoo.com.







### Planning Your Finances

### When Facing Illness, Take Control of Finances

By T.J. Stevko

In light of the coronavirus pandemic, virtually all of us have considered health-related issues. But for people facing a serious, chronic illness, such as Parkinson's disease, multiple sclerosis, diabetes or cancer, health concerns are an everyday matter. If you're fortunate, you may never be afflicted with such maladies, but the future is unpredictable. Of course, going through these health challenges bring physical and emotional concerns – but also financial ones. How can you prepare for them?

Essentially, you'll need to consider four key areas: investments, insurance, legal arrangements and taxes. Let's take a quick look at each of them:

• Investments – You'll likely need to draw on your investments for at least some of the expenses associated with your illness. So, within your portfolio, you may want to establish a special fund devoted entirely to these costs, whether they be health care, modifications to your home, transportation and so on. A financial professional can help you choose investments for this fund, as well as make recommendations for your overall investment strat-

egy, including techniques for boosting your income, such as adding investments that can provide an income stream that kicks in when you think your costs will rise.

- Insurance Depending on your health status, you may be able to collect Medicare earlier than the traditional starting point at age 65. Even so, you'll likely need to supplement it with additional coverage. But you may also want to look beyond health insurance. For example, you might be able to purchase a "chronic illness rider" that allows you to tap into life insurance benefits while you're still alive. Or you might consider adding a "longterm care rider" to a life insurance policy; this rider offers financial benefits if you ever require daily care that you can't provide for yourself. And some foundations, states and drug companies offer programs that can help pay for some costs that your insurance won't cover.
- Legal arrangements If you haven't already done so, you may want to establish the legal documents most appropriate for your situation, such as a durable power of attorney for finances, which gives someone the

authority to manage your financial affairs if you become temporarily incapacitated, possibly due to flare-ups of your chronic disease. Once you've recovered, you regain control of your financial decisions. You might also want to consider a health care proxy, which appoints an individual to make medical decisions for you if you can't. In creating or revising these documents, you'll need to consult with your legal professional.

Taxes - You might qualify for Social Security disability payments, which, like other Social Security benefits, are taxable, so you'll need to be aware of what you might owe. But you might also be eligible for some tax breaks related to your condition. If you still itemize tax deductions, you may be able to deduct some medical expenses, as well as certain home improvements, such as wheelchair ramps, bathtub grab bars, motorized stairlifts and so on. Your tax advisor may have suggestions appropriate for your situation.

Dealing with a chronic illness is never easy. But by considering how your illness will affect all aspects of your life, getting the help you need, and taking the right steps, you may be able to reduce the financial stress on you and your loved ones.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Tj Stevko is a financial advisor with the Piedmont office of Edward Jones, 370 Highland Avenue. Tel. (510) 4589.

### Red Cross urges healthy individuals to give blood

The American Red Cross strongly urges healthy, eligible individuals who are feeling well to give blood or platelets to help maintain a sufficient blood supply and prevent shortages as concerns about the outbreak of coronavirus disease 2019, or COVID-19, rise in the U.S.

Cold and flu season has already impacted the nation's ability to maintain its blood supply. As the number of coronavirus cases grows in the U.S., the number of people eligible to give blood for patients in need could decrease further.

"We're asking people to help keep the blood supply stable during this challenging time. As communities across the country prepare for this public health emergency, it's critical that plans include a readily available blood supply for hospital patients," said Chris Hrouda, president of Red Cross Blood Services. "As fears of coronavirus rise, low donor participation could harm blood availability at hospitals, and the last thing a patient should worry about is whether lifesaving blood will be on the shelf when they need it most."

Make an appointment to donate blood now by using the Red Cross Blood Donor App, visiting RedCrossBlood.org, or calling the Oakland Blood Donation Center, 6230 Claremont Avenue, at 510-658-6456.

Donating blood is a safe process and people should not hesitate to give or receive blood. There are no data or evidence that this coronavirus can be transmissible by blood transfusion, and there have been no reported cases worldwide of transmissions for any respiratory virus, including this coronavirus, from a transfusion.

The Red Cross only collects blood from individuals who are healthy and feeling well at the time of donation – and who meet other eligibility requirements, available at RedCrossBlood.org. At each blood drive and donation center, Red Cross employees follow thorough safety protocols including wearing gloves, routinely wiping down donortouched areas, using sterile collection sets for every donation, and preparing the arm for donation with an aseptic scrub. These

mitigation measures will help ensure blood recipient safety, as well as staff and donor safety in reducing contact with those who may potentially have this respiratory infection.

The Red Cross has implemented new blood donation deferrals out of an abundance of caution. Individuals are asked to postpone their donation for 28 days following:

- Travel to China and its special administrative regions, Hong Kong and Macau, as well as Iran, Italy and South Korea;
- Diagnosis of COVID-19, contact with a person who has or is suspected to have the virus.

As the situation evolves, the Red Cross will continue to evaluate all emerging risks in collaboration with the U.S. Food and Drug Administration, Centers for Disease Control and Prevention and industry partners to determine if additional intervention strategies are needed. Together, we stand ready to keep the American public informed and prepared.

### **Blood donation process**

A blood donation takes about an hour from start to finish, but the actual donation itself only takes about 8-10 minutes. Donors can also save up to 15 minutes at the blood drive by completing a RapidPass®. With RapidPass®, donors complete the pre-donation reading and health history questionnaire online, on the day of donation, from a mobile device or computer. To complete a Rapid-Pass®, follow the instructions at RedCrossBlood.org/RapidPass or use the Red Cross Blood Donor App.

To donate blood, individuals need to bring a blood donor card or driver's license or two other forms of identification that are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also must meet certain height and weight requirements.

Oakland Blood Donation Center, 6230 Claremont Avenue. Call 510-547-6456 for hours.

### Helping family members recover after an illness

By Sussi Voak

For those discharged from the hospital, home health services may not look the same. Therapists may not come out as often or for as long, or families aren't comfortable with a team of nurses and therapists coming into the house. Perhaps an aging family member is struggling with mobility. What is one to do?

First, keep it simple, at least to start. There are a multitude of exercises, but to start I offer two suggestions culled from almost thirty years of therapy experience, the last twelve working in the hospital and home health settings.

My two activities? Walking and repeated sit to stands.

Walking more can improve cardiovascular health and independence. People often become

sedentary when they become ill. If this goes on too long, independence can be lost. Encourage loved ones to get up every hour and walk laps around the house.

In order to walk, a person must be able to come up to a standing position. With age, as we become weaker, we start using our arms to help us stand. This reliance on the upper extremities increases as people become even less active and weaker in their legs. However, our arms were not meant for this; the muscles are too small

Combine this with the tendency of people who have fallen, or are scared to fall, to lean back when trying to stand, and the end result is that assistance from either a family member or lift chair is needed.

My recommendation: stand up and sit down three to five times in a row, two to three times a day.

Use the arms as little as possible. Lean forward so your head is over your feet as you come up. This is of utmost importance. Get the head over the feet, or nose over the toes. If you have a family member who is scared to lean forward, practice that alone to start.

Starting from a higher chair or raised hospital bed promotes a forward lean and allows someone to stand with less or no assistance. Over time, the height of the surface from which someone stands can be lowered.

I have had patients express success in getting up from surfaces that used to be challenging, such as the toilet, after one week of doing this.

Sussi Voak is a physical therapist with three decades of experience. She can be reached at <u>sussi.</u> <u>voak@gmail.com</u>

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### READ IT IN THE POST

### **Piedmont Pickleball Schedule**

Pickleball is once again active in Piedmont with the reopening of the courts at Piedmont Middle School, 740 Magnolia Avenue. The courts are located below the school, and are open from 9 a.m. to 1 p.m. on Monday, Wednesday, Friday, Saturday & Sunday.

For more information, contact the Recreation Department ta 420-3070.



### Firefighters return from Gold Fire in Modoc County



Piedmont Fire Department paramedics and the city's new Engine #2841 were stationed at a temporary base for 13 helicopters assigned to the Gold Fire in Modoc County.

By Allyson Aleksey

Members of the Piedmont Fire Department's strike team, primarily paramedics, returned last weekend to Piedmont after helping support efforts to battle the Gold Fire in Modoc County in Northeastern California.

Piedmont Engine 2841 was assigned to the Fire on July 22, two days after the fire began in the hamlet of Aldin, 29 miles southwest of Alturas, the county seat.

Piedmont's mission was to assist other counties in a mutual aid-effort to combat the fire. The cause of the fire is still under investigation as of press time, according to the California Department of Forestry and Fire Protection, or CAL fire.

Piedmont's four-person crew, led by Lt. Zach Heliker, and with Fire Engineer Alan Grace, Firefighter Jordan Shaw, and Firefighter Sandor Lengyel, was assigned to a temporary helicopter base. Tanker 944, the largest fire-fighting tanker in the world, was also working the Gold Fire. The tanker holds about 20,000 gallons and was operating out of McClellan Air Force Base in Sacramento.

On July 29, firefighters reported seeing lightning strikes throughout the evening, starting new wildfires.

Piedmont's fire engine was the only one at the airbase equipped with paramedics, firefighting foam, and advanced rescue equipment such as the "Jaws of Life," or the four main types of hydraulic rescue tools: spreaders, cutters, rams, and combination tools.

Piedmont's presence ensured the safety of the aerial firefighting effort, particularly because of the remote location of the small private airstrip.

"Our engine [was] alerted anytime an incoming aircraft had an inflight anomaly or equipment problem," explained Fire Chief Bret Black.

A new four-man crew was scheduled to rotate with the four in Modoc County on Saturday, August 1, but the fire was being contained and the original strike team returned home.

As of Monday, August 3, the Gold Fire is approximately 95 percent contained, after having burned 22,634 acres. The remainder of the fire is located near Highway 139 and County Road A-2, South of Adin.

A status update from Cal Fire on August 3 stated that "crews are reinforcing and patrolling the fire lines and extinguishing hot spots within the fire perimeter. The incident is in areas with private residences, ranches and commercial operations. There are cultural and sensitive resources that remain threatened."

A total of 13 structures were destroyed, including residential and commercial properties.



# IT'S TIME TO PREPARE FOR FIRE SEASON

Taking a few simple steps now can make a big difference in reducing the risk of wildfire and increasing the safety for you and your family.

Piedmont Firefighters have already begun preparing for the upcoming fire season, and we are asking Piedmont residents to do the same.

A great place to start is online at:

### WWW.READYFORWILDFIRE.ORG

- Identify vegetation hazards and make a plan to deal with them
- · Make a simple plan in case of evacuation.
- Pay attention to information and instructions in the event of an emergency.

Look for additional information and tips that will make the community as safe as it can be this upcoming summer.

If you have any questions or need assistance, feel free to contact the Piedmont Fire Department at 510-420-3030.

### **How to reach City officials**

Elected and appointed officials in Piedmont are directly available to residents by phone and by e-mail.

**Piedmont City Council** 

Bob McBain, Mayor 420-3048
rmcbain@piedmont.ca.gov
Teddy King, Vice Mayor 420-3048
tking@piedmont.ca.gov
Tim Rood 239-7663
trood@piedmont.ca.gov
Jennifer Cavenaugh 420-3048
jcavenaugh@piedmont.ca.gov
Betsy Andersen 604-9864
bandersen@piedmont.ca.gov

#### CITY COMMISSIONS

Park Commission	
Patty Dunlap, Chair	367-0762
Betsy Goodman	547-2063
Amber Brumfiel	612-0752
Jim Horner	654-8836
Brian Mahany	594-9079
Eileen Ruby	919-6654
Robin Wu	450-0412

**Planning Commission** 

i iuming commission	
Allison Allessio, Chair	415-385-3608
Jonathan Levine	655-8859
Tom Ramsey	593-6612
Yildiz Duransoy	703-403-1617
Rani Batra	421-3220
Douglas Strout (Alternate)	428-1296

**Public Safety Committee** 

I uplic Salety Committee	
Lynne Wright, Chair	879-7078
Lori Elefant	428-1757
Jeffrey Horner	547-0233
Chris Houlder	415-298-6880
Garrett Keating	601-5180
Shanti Brien	925-984-8980

**Recreation Commission** 

recreation commission	
Steve Roland, Chair	601-8458
Jeffrey Dorman	985-1203
Vincent Fisher	760-805-4057
Conna McCarthy	333-9148
Dick Carter	367-9449

### **CITY COMMITTEES**

**Budget Advisory and Financial Planning Committee** 

Dudget Advisory and Financial Flamming Committee		
Bill Hosler, Chair	595-9005	
Cathie Geddeis	290-3494	
Deborah Leland	325-6235	
Christina Paul	219-1670	
Maya Rath	652-6277	
Frank Ryan	652-7245	
Chris Kwei (Alternate)	703-9886	

Civic Improvement Projects (CIP) Review Committee

John Lenahan, Chair	893-0122
Sue Herrick	530-6047
Bobbe Stehr	653-7627
Michael Henn	834-7128
- · ·	

Liaisons

Patty Siskind (Piedmont Beautification Foundation) Jim Horner (Park Commission)

Conna McCarthy (Recreation Commission)

**Civil Service Commission** 

206-7956
386-6288
325-7675
336-3656
415-309-9884

**Mosquito Abatement District** 

Robert Dickinson 658-3464

Parking Hearing Officer

 Susan Ode
 420-3040

 Susan Kawaichi
 654-3292

Police and Fire Pension Board

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Teddy Gray King, Vice Mayor 420-3048
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### PIEDMONT'S HISTORY

### Blair's Park, 1884–1890

By Gail G. Lombardi

In the 1870s, Walter Blair was already a successful dairyman, quarryman and extensive land owner. Blair then turned his energy to transportation and developing horsecar lines. After partnering with investors to build a horsecar line from downtown Oakland to the end of Piedmont Avenue, Blair built his own line in 1878.

#### The Ride to Blair's Park

Blair's Piedmont Railway began where the Piedmont Avenue line ended and travelled from the gates of Mountain View Cemetery, through Blair's grain fields, up to Vernal Avenue (now Highland Avenue) and on to the Piedmont Springs Hotel (currently Piedmont Park). Blair had the finest horsecar, with upholstered seats, a carpet on the floor and even a fringe on the top. He called it the "Palace Car." It ran hourly and was the only public transportation to Piedmont.

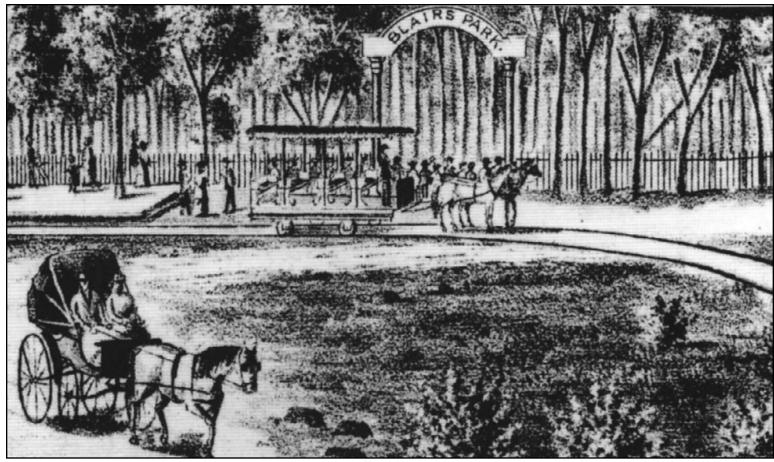
Newspapers of the day described a ride on Blair's horsecar as a pleasant even romantic one, winding through fields of grain and up hillsides with birds singing, brooks murmuring, balmy air and gentle breezes.

#### Blair's Park

To increase the number of passengers on his Piedmont Railway, Blair created Blair's Park where families could escape the dusty streets of downtown Oakland and "spend a pleasant day rambling in the country." He developed 40 acres of his own land between Mountain View Cemetery and Moraga Road as a picnic park. He began by thinning out some of the eucalyptus trees that grew as a border between his land and the cemetery's. (Some of Blair's original eucalyptus trees still grow along the cemetery border near the lakes.)

Blair graded pathways and built several bridges over the stream that ran through his park. The paths led picnickers along the stream, through the ravine and up the hillsides among trees and wildflowers. He also constructed several dams and created small lakes. (The lakes in Mountain View Cemetery date back to Blair's Park.)

Walter Blair dedicated his park on June 4, 1884, and the *Oakland Daily Evening Tribune* reported



Walter Blair's horsecars at the entrance to Blair's Park, currently the corner of Highland and Moraga avenues.

that "upwards of 400 people rambled through the delightful groves and wooded slopes, enjoying the beauties of nature and the magnificent scenery and views."

With visitors headed for Blair's Park and the Piedmont Springs Hotel, newspapers soon reported that 700 to 800 passengers rode Walter Blair's horsecar weekly. The park quickly became a popular spot for Sunday School picnics and school field trips. In the summer of 1882, a reported 5,000 to 7,000 passengers rode Blair's horsecar per month.

At the end of Highland Avenue, a large wooden arch spanned the entrance to the park. Admission was free to those who travelled in their own carriages, but there was a ten-cent fare to ride Blair's horsecar. Benches near the lakes and picnic tables in shady nooks provided pleasant spots to picnic. There were even swings for children. No refreshments were available at Blair's Park, and picnickers were encouraged to bring their own baskets.

A lively stream cascaded down Moraga Canyon and spilled in a beautiful waterfall into the park. Rustic bridges crisscrossed the falls and stream. The more adventuresome could climb up to Inspiration Point on the knoll above Mountain View Cemetery. Young boys called it "Perspiration Point." From this 700-foot elevation, hikers were rewarded with expansive views of Oakland,

Alameda, Berkeley, San Francisco, the Golden Gate without a bridge, and Mt. Tamalpais.

A spring provided fresh water for picnickers and hikers and is the probable namesake of Spring Path, just east of the Corporation Yard.

Blair's Park was a popular destination. After Walter Blair died in 1888, the park was purchased in 1890 by the company that would operate a cable car up Oakland Avenue. ...But that's another story.

Today that lively stream and waterfall are under Coaches Field. Mountain View Cemetery bought the northern half of Blair's Park, including the lakes. In 1917 and 1922, contractor Guy Taylor built houses on the southern half. Today, the name "Blair Park" continues to live on current maps of Piedmont. The City now calls the land on the south side of Moraga Avenue opposite Maxwelton Road "Blair Park."

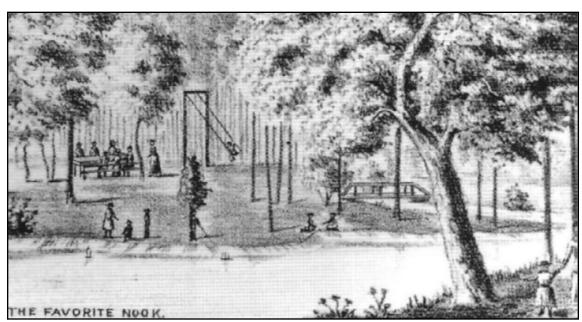
Blair's Park began as a picnic park where visitors came to enjoy being outdoors. It is fitting that today the tradition continues with the play field and baseball/ softball diamond at Coaches Field and the Kennelly Skate Park.

For more on Piedmont's history and the Piedmont Historical Society, visit the website, *Piedmonthistorical.org*.

Originally published in the Post on May 9, 2018.



A man stands near one of several bridges that crossed the waterfalls and stream in Blair's Park. The fence in the upper right corner borders Moraga Avenue, near today's Coaches Field.



Blair's Park offered picnic tables, swings, bridges and a lake for visitors. Notice the slender trunks of the eucalyptus trees, now fully mature and more than 100 years old.



Walter Blair's Palace Car", with the fringe on top, makes its way up Moraga Avenue.

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### **Spectator Books** -

Continued from page 5

time than I can be helping people via curbside."

Willoughby spends her days fielding emails and calls, giving recommendations, filling orders, restocking shelves, and promoting on Facebook and Instagram.

"I am down to do the human part of helping people find books because that is why people want the store here. I'm very accessible via email, I'm very quick to respond and I know my stock," she added

Donations and trade-ins used to be a crucial part of the business at Spectator, but that's not happening now.

"A lot of our stock is used and I depend on it getting cycled out. I have been selling stuff but not bringing stuff in," she said, adding that it's not just a COVID response to eliminate taking in books. "I just don't have the space or the manpower to deal with that. It's a whole other person worth of work, every day," Willoughby divulged.

For now, the bookstore is staying afloat, due to the exhaustive efforts of one employee-owner, and a loving community.

"The people supporting us like having the store here and want it to be here. A lot of our local neighborhood friends are really showing up for us, which is amazing," she said.

Spectator Books' stock can be viewed at <a href="https://bookshop.org/">https://bookshop.org/</a> shop/spectatorbooks, but ordering directly from the store is

Spectator Books can be reached by phone from 12-5 p.m. every day except Monday, at (510) 653-7300. Curbside pickup is located at 4163 Piedmont Avenue.

Order and recommendation requests via email is best at spectatorbooks@gmail.com.

for viewing by county, city, and

The Bay Area is trending ahead of state and national self-response numbers for the 2020 census. So far, the region had a 69.2 percent self-response rate, compared to the state's 64.2 percent response rate.

state, at https://2020census.gov/

en/response-rates.html.

"It feels like mile 25 of a marathon that has turned into an ultra-marathon," said Stephanie Kim, the census lead for United Way Bay Area, one of the state's partners in its massive \$187.2 million census awareness campaign.

You can respond to the census online at 2020census.gov, or call toll-free 844-330-2020.

2020 Census results will have a major impact

for the next

decade

on funding

for essential

services like:

Wildfire Protection

Schools

Roads

Medical Services

Complete the

2020 Census

(online, by phone,

or by mail)

and make sure

**PIEDMONT** 

IS COUNTED

2020census.gov

### Census

Continued from page 4

time ever, residents can respond online. There is still an option to respond by phone or mail as well.

Questionnaires are available in 12 languages in addition to English.

Residents had until July 31 to voluntarily respond to the census. On August 11, next week, census takers will begin knocking on doors of households that have not responded.

'This competition is a great way to engage our communities in an effort that is important to both our cities," said Mayor McBain. "We need to reach out

to all our residents to ensure that they have the chance to participate in the census. If a little competition can step up the effort, then we will have some fun and support a very good goal.'

Mayor Pierce has promised a gift basket of Clayton-produced honey and other offerings should the town not come in first by the August 11 deadline. Piedmont's prize has not yet been determined.

California's self-response rate is 64.2 percent, more than the national average.

The Great Clayton/Piedmont

Self-response data is available

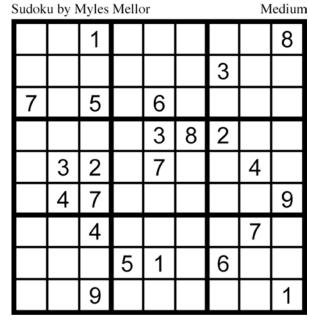
### **Wednesday Evening Meditation Group is online**

The Wednesday Evening Piedmont Meditation Group has moved online using Zoom web conferencing during the Covid-19 shelter-in-place order. The group meets every Wednesday evening from 7:30-8:15 p.m., and everyone age 12 and older is welcome. No experience meditating is necessary. This is a secular (non-religious) group, and there is no lecture, solicitation or obligation.

Mark Herrick, a long-time Piedmont resident, is host of the weekly meditations. "With the high stress and anxiety of the shelter-in-place order, it's easy to get cut-off and isolated from each other. It's helpful to have a place to connect with people sharing a bit of quiet, peaceful time to rest and recharge," Herrick said.

For more information contact him at: <a href="mailto:herrickmark@icloud.com">herrickmark@icloud.com</a> or (415) 706-2000.

### Sudoku Puzzle



### **Crossword Puzzle**



8. Bladder, e.g. 11. Organic compound

12. People person, briefly 14. Fodder holder

15. Takes his leave of a ladv

18. Nigerian language 19. City in Italy

20. Adult insect 21. Big Bertha's

birthplace

22. Lhasa's land 23. Raillery

25. Best seller

\_-cochere (carriage entrance)

27. Krypton, e.g.

28. Group of poems

32. TV castaway

37. College in Ashland (abbr.)

\_\_-made

39. "Come again?"

40. Rears

42. Birthplace of Little Richard

45. Tracks

1. Credit or tarot follower 46. Caribbean cruise

47. Units of work

48. Protestant denom.

51. Place to find pennies? 54. European language

55. Dead to the world

56. Consequently

57. Home improvement network

58. Rather than

59. Dated oath

DOWN

1. 27, to 3

2. University in Pakistan 3. Make over

Boot'

5. More high-spirited 6. Mischievous

7. Sleep-disturbing legume?

\_\_ of Vicksburg

9. Apportion

10. Mil. rank

12. French commune Columbia

14. Q-Tip

16. Urges onward

17. Give off, as light 21. Admittance

24. Jack-in-the-pulpit,

25. Pilgrim's journey 26. School org.

27. African antelope 28. Decorative jugs

29. Hymn of praise: var.

30. Cutlass, e.g.

31. Arch

33. Salt shaker?

34. Joyful exclamation

35. Threat ender

39. Bindle bearer 40. French existentialist

41. Cheap

42. Native New Zealander

43. Dilettantish

44. Adorable

45. Allude

48. Floater 49. Chlorella, e.g.

50. Slog

51. Twin, e.g.

52. Undivided

53. \_\_

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that we can leave them

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Mayor has accepted

the challenge.



Piedmont's

2020 Census

response rate (84.7%)

is currently the highest

in the State. Clayton

is Number Two

with 83.5%.

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See Crossword and Sudoku Puzzle Solutions on page 30.

### Bike/Walk Plan

Continued from page 1

to discuss wider traffic safety while devising a PBMP update.

"All those conversations seem to overlap all the time," she told

The City estimated that the new master plan would be completed by May 2021.

Initially, the City and Eisen Letunic would do a series of community outreach events and surveys about the successes and failings of the PBMP from 2014. An action plan would be created by the end of the year, followed by more engagement with Piedmonters. All of this would cumulate into the final updated plan, due in roughly 10 months from

The approximately \$100,000 price tag for the updated plan is not far off from the cost of the original plan. The funding will come from pedestrian and bicycle allocations from Measure B and BB.

The council's decision to approve the agreement was not unanimous. Mayor Bob McBain, Vice Mayor Teddy Gray King and Councilmember Betsy Andersen voted for the measure.

Councilmember Tim Rood

was instrumental in shepherding the original PBMP to completion in 2014, but voted against the new agreement, stating that he was disappointed that the bidding process for crafting the updated plan was not more open.

"It's great that we're proactively keeping the plan up to date," Rood said at the meeting, but noted he wished there was a clearer focus on the update's priorities and a stronger role for a community advisory board.

He was joined in dissenting by Councilmember Jen Cavenaugh, who argued that the City should try harder to minimize planning costs to save more money to build projects.

Andersen, determined that city staff should develop a thorough understanding of the current condition of the pool before moving forward with developing strate-

Due to COVID-19 shelterin-place health orders issued by Alameda County Public Health Department, the Piedmont pool has been fully closed since March

Two years have passed since it was acknowledged that the city had "reached the point in the life of the pool where strong consideration should be given to constructing a new facility."

The future of the pool will be up to the voters this fall in the form of a bond measure that would redesign and utilize the entire space of the property at the pool's current location. On November 3, Piedmonters will vote to either support or reject a bond issue initially estimated at \$19 million.

### **Piedmont Pool**

Continued from page 1

tional expense of the pool.

"Due to the diligence of city staff and the Piedmont Swim Club before them, the Piedmont Community Pool has managed to exceed the normal lifespan for

an outdoor pool of its vintage, but it is coming to the end of its useful life," City Administrator Sara Lillevand wrote in a June 29 staff report this year. Lillevand added that the pool

is becoming more expensive to operate every year and simultaneously is less able to serve the needs of the community.

The council and community have launched many efforts over the years to chart a course to a new aquatics center:

- Piedmont Community Recreation Center (PCRC) in 2002
- Recreation and Aquatics Cooperative (RAC) from 2002 to 2005
- Sports Management Group

· Civic Center Master Plan in 2007

Aquatic Study in 2006

Aquatics Master Plan Conceptual Design in November 2016 It is the most recent conceptual design to date.

"These efforts and studies, each of which involved a great deal of work by the community, all drew similar conclusions regarding the inadequacy of the present facility and the potential for a new, more appropriate facility. However, for various reasons, including the projected cost of a new facility, no actions have been taken to renovate or replace this community resource. Instead, the focus has been on yearly maintenance and repairs to keep the present facility safe and operational," Lillevand said.

An Aquatics Subcommittee, comprised of Mayor Bob McBain and Councilmember Betsy

D. We have a divinely given

E. We can gain wisdom from failure, set-backs, and sorrow. Let us stay on the path of peace.

Jim Hopkins is the pastor of Lakeshore Avenue Baptist Church, 3534 Lakeshore Avenue

The Religion Corner appears weekly in the Post and expresses

Originally published in the

gies for public outreach and communication about a new facility.

### **Religion Corner**

Continued from page 2

3. Relationship-based social services. The services and programs offered at the call-ins embrace this philosophy.

4. Narrowly focused law enforcement actions. Arrests are made but the understanding is that we cannot arrest our way out of the gun violence problem.

5. Partnership-based performance management. There needs to be a commitment by the city to ongoing research, evaluation, and best practices.

As a clergy participant in the Ceasefire effort, I would also note that Ceasefire expresses some important theological beliefs. Among them: A. We are all created in the

image of God and are deserving of profound respect. B. We are all ultimately

accountable to a higher power for the way we live our lives.

C. We have the ability to transcend a "me" centered existence and live a "we" centered one.

drive to wish for our children a life free from fear and full of

in Oakland.

the views of a variety of faiths.

Post on May 22, 2019

#### **SUDOKU SOLUTION** 5 8 6 9 3 6 5 8 5 3 2 9 8 6 4 2 5 7 9 6 4 3 8 1 7 5 3 2 9 1 6 4 2 6 8 3 4 9 3 5 6 8 2 9 4 9 6 5 1 8 4 5 2 6 9 3 4 8



### **NOTICE OF ELECTION**

Notice is hereby given that a General Municipal Election will be held in the City of Piedmont on Tuesday, the 3rd day of November 2020 and that the polls will be open between the hours of 7:00 a.m. and 8:00 p.m.

#### NOTICE OF MEASURES TO BE VOTED ON

Notice is hereby given that the following measures are to be voted upon at the General Municipal Election to be held in the City of Piedmont on Tuesday, the 3rd day of November 2020.

### **MEASURE**

'Shall the City of Piedmont, to be in alignment with neighboring East Bay Cities, increase the real estate transfer tax from \$13.00 to \$17.50 per \$1,000 of transfer price, generating \$948,462 annually until ended by voters, to provide general tax revenue for city services and to repair and maintain city facilities including police and fire stations, parks, and recreation facilities, and other city infrastructure, be adopted?"

YES

NO

#### **BOND MEASURE**

"Shall the measure to prevent permanent closure of Piedmont's Community Pool by constructing new pool facilities, restrooms and related areas, to conserve energy and water, provide greater community access and safety, and authorize Piedmont to issue \$19,500,000 in bonds at legal rates, generating \$1,257,950 annually at an average rate of 2.6 cents per \$100 of assessed valuation while bonds are outstanding, with all money staying local and independent citizens' oversight, be adopted?"

**BONDS** YES

BONDS NO

### NOTICE OF LAST DAY FOR FILING ARGUMENTS

Notice is hereby given that the last day for filing direct arguments for or against the preceding measure is August 14, 2020 at 4:00 p.m. Each argument shall comply with the California Elections Code and shall not exceed three hundred (300) words in

No more than five (5) persons may sign any argument. If an argument is submitted by an organization, the name of the organization and the name of at least one of its principal officers shall appear at the end of the argument.

All arguments should be filed with the office of the City Clerk, Piedmont City Hall, 120 Vista Avenue, Piedmont, CA 94611.

The last day for filing rebuttal arguments shall be August 21, 2020 at 4:00 p.m., and all such rebuttal arguments shall be filed with the office of the City Clerk, Piedmont City Hall, 120 Vista Avenue, Piedmont, CA 94611. Each rebuttal argument shall comply with the California Elections Code and shall not exceed two-hundred fifty (250) words in length.

John O. Tulloch City Clerk City of Piedmont 120 Vista Avenue Piedmont, CA 94611

August 4, 2020

### In Memory of Our **Beloved Cat**



Are you wondering what happened to that friendly greeting cat? Well George, our beloved white long hair cat, know internationally, nationally and in Piedmont, passed away on Wednesday, July 29, from brain cancer at the age of 14. He will be missed by many in the community as he greeted them whenever they walked by our house on St. James Drive.

Goodbye to everyone, but remember I have nine lives and you never know where we may meet again. George

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U.S. Census Bureau is hiring 300 people for canvassing in Bay Area.

Enumerators interview residents who have not responded to the census survey.

Muse be least 18 or older, have a driver's license, an email address, and be able to pass a background check. Temporary job with flex hours. \$30/hour.

Apply at 2020census.gov/jobs. Tel.855-562-2020.

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### **TUTOR AVAILABLE**

Piedmont Post reporter offering tutoring in mathematics through Integrated Math III, Algebra 2 and SAT level. UCLA and PHS alum, 10 years experience tutoring all levels + special needs. Online or safely in-person. Tutoring in writing and other subjects also available. E-mail: JdRussell@UCLA.edu. Tel. (510) 388-4354.

### WRITING TUTOR/ COLLEGE ESSAY EDITOR

I am a Piedmont high school graduate and recent graduate from UC Berkeley with a dual degree in Rhetoric and Film Studies. I can help high school students with essays in all subjects, as well as proofreading and brainstorming topic ideas specific to college applications. My experience with the common app is extensive. My rates are flexible. Contact me directly at: saraboutorabi@berkeley.edu

### WANTED: USED CAR

Local journalist in Piedmont is looking for a reliable used car for commuting. Car should be low maintenance and in good mechanical condition. A car no longer being driven by a high school or college student would be ideal. Call 510-652-2051 with description and cost.



### PAPER ROUTES AVAILABLE

### **Piedmont Post newspaper**

Routes currently available for weekly & monthly routes. For location of delivery & details, call 421-1773 or send an e-mail with your name & phone number. Ideal job for middle school-age boys & girls.

Contact: news@piedmontpost..org

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**E-mail** nancy@cmc-ads.com or **mail/deliver** to 1139 Oakland Ave., Piedmont 94611 with payment.

Please include name and phone number. **Deadline** for submitting classified ads:

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For more information call 510-626-2468

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### Napa Valley ALS Ride on September 26

Once again, the bicycle team Linda and Marvin will be riding in memory of Linda Lettieri and Marvin Stern, both of whom passed away from ALS (Amyotrophic Lateral Sclerosis, better known as Lou Gehrig¹s Disease).

July 9 marked the 13th anniversary of Linda's passing and the 15th year our bicycle team, Team Linda and Marvin, will be participating in the Ride to Defeat ALS.

This is truly a science fiction-like disease in its progressive reduction of your ability to move, speak and eventually, breathe. Since ALS is currently not well understood, has no cure or effective treatment path, we are working hard to fund-raise to find a cure through the ALS Association, Golden West Chapter. Finally, there are some glimmers of hope that some of the genetics of ALS are being discovered, although we are a long way from effective treatments and the evenfual cure

The ALS Association is the only non-profit organization fighting Lou Gehrig's Disease on every front. By leading the way in global research, providing assistance for people with ALS through a nationwide network of chapters, coordinating multidisciplinary care through certified clinical care centers, and fostering government partnerships, The Association builds hope and enhances quality of life while aggressively searching for new treatments and a cure.

Team Linda and Marvin will be riding Saturday, September 26 in their memory and we are soliciting your support to help our team exceed our fundraising



goal for ALS research. Last year, through the amazingly generous donations of friends, family, and clients, we raised over \$70,000 for ALS Research. The timeline for a cure or even a treatment for ALS may be very long, and we may not be around long enough to see it, but the goal is worthy of our effort and hopefully your dollars. Any contribution, no matter how small (or large!) will be appreciated and will help fund research into the causes and cures of ALS. Your tax-deductible gift will make a difference in the lives of many! It is faster and easier than ever to support this great cause. You can make your donation online by simply clicking on the link at the bottom of this message. If you would prefer, you can also send your tax-deductible contribution to the address listed below. Please write the name/ Team Linda and Marvin in the memo line.

This year, due to the Coronavirus, the ride is going virtual, but some of us will be riding from Oakland to the top of Mount Diablo and back, a distance of 80 miles and 7,500 feet of vertical climbing. That's our challenge to support ALS research and care. We hope you will be compelled to support this cause in an effort to defeat this horrible disease. Thank you for your support.

From Paul Lettieri and Debra Dryden. A link to Linda Lettieri Memorial Website, which has been updated this year with more compelling photographs, is at: http://www.olivemurphy.com

View the team page for Team Linda and Marvin at http://webgw.alsa.org/site/TR?team\_id=387426&p-g=team&fr\_id=14218&et=H-h0eY6lsB7p6MedmdA3RrQ&s\_tafId=427980.



### Compliance

Continued from page 3

see folks not wearing masks, and it's evident that they should be, [the officers] are encouraged to bring that fact up to them and encourage them to wear masks," he said.

"We are only issuing citations as a last resort. I want [our officers] focused on crime-related issues," he said.

Responding to questions about the current effectiveness, Bowers

agreed that there "needs to be a better solution," pointing to the number of complaints the department receives about non-compliance in the city.

"In terms of providing additional enforcement, the city views the best next step is coordinating with cities in the county to initiate some type of joint effort, a task-force or an effort to establish an administrative opportunity for

citations. That is an area we're interested in evaluating," he said.

Bowers pointed to Napa, Sonoma, and Marin Counties, where city staff is authorized to cite violators, rather than relying on police officers to enforce compliance. In contrast, Alameda County health order provisions are only enforceable by issuing a citation for a criminal misdemeanor.

A misdemeanor criminal complaint carries with it either fines up to \$1000 or jail time.

### 2020 Calendar of Events

August 5 - August 26

Meetings will be conducted by ZOOM and should be viewable on KCOM (Channel 27) and on the City's website: piedmont.ca.gov.

Wednesday, August 5
5:30 p.m. Park Commission Virtual meeting via Zoom

Monday, August 10
5:30 p.m. Planning Commission Virtual meeting via Zoom

Wednesday, August 12
7 p.m. School Board Virtual meeting via Zoom

Monday, August 17
7:30 p.m. City Council Virtual meeting via Zoom

Wednesday, August 17

Wednesday, August 26

7 p.m. .....Virtual meeting via Zoom

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### **THIS WEEK IN HISTORY:**

### 12 years ago: July 30, 2008

In the summer of 2008, Piedmont celebrated its first Olympian in 28 years, rower Scott Gault. The city officially declared July 25th, 2008 as Scott Gault Day and a crowd of 75 people gathered at City Hall for a proper sendoff for Gault as he was about to depart for the Olympic Games in London. Gault, a 2001 PHS alum, was accompanied by two teammates. Also being honored was longtime Piedmont resident, Ian Turner, a gold-medal-winning Olympic rower in 1948. Gault placed fifth in the Olympics that year in the Quadruple Sculls (two oars per rower). Four years later in 2012, he won a bronze medal (3rd) as a member of the Men's Four boat.

This year's Olympics were scheduled to begin July 23, 2020, but have been delayed until 2021 due to the coronavirus. It is the first-time the Olympics have been delayed since World War II.



Scott Gault (right) with two teammates and Ian Turner who brought his 1948 Olympic gold medal.

### Where in the World Are We?



High Adventure Crew members celebrate Ken Li's 65th birth-day while reading the Post at Lake Aloha in Desolation Wilderness. Just before leaving Lake Aloha to begin a long hike to their final campsite, members of the High Adventure crew, a coed Venturing unit with the Piedmont Scouts, paused to catch up on hometown news. Pictured are: (front) Ken Li (left), Domenic Ripley, Toshi Troyer, Tali Cooper, Mike Bandrowski; (back) Aya Troyer, Will Wolfe, Bridget Bentley, Kaelin Campbell, Clare Murphy, Valerie Xiong, and adult advisor Lisa Gros.

Look for a full report and photos of their annual backpacking trip in a future edition of the *Post*.

Send your photos of the Post in the far comers of the world, or of other communities named Piedmont, to: WITWAW, 1139 Oakland Ave., Piedmont, 94611.